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NEWS RELEASE | APRIL 1, 2026 | CASCAIS, PORTUGAL

### **PULSAR HELIUM ANNOUNCES DIRECTOR RESIGNATION AND EXERCISE OF STOCK OPTIONS**

Pulsar Helium Inc. (AIM: PLSR, TSXV: PLSR, OTCQB: PSRHF) (“Pulsar” or the “Company”), a primary helium company, announces the resignation of Brice Laurent as a director of the Company effective March 31, 2026.

In addition, Mr. Laurent, through Garennes Ventures B.V., a company beneficially owned by Mr. Laurent, on March 31, 2026, exercised 450,000 stock options at an exercise price of CAD\$0.45 per share. The Company also notes that within the past week, a director and an employee of the Company also exercised an aggregate of 2,000,000 stock options at an exercise price of CAD\$0.45. Together, these stock option exercises generated additional cash proceeds for the Company of CAD\$1,102,500.

On behalf of Pulsar Helium Inc.  
“Thomas Abraham-James”  
President, CEO and Director

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