

PROPOSALS
OF
VERIZON COMMUNICATIONS INC.

Approved on 1 May 2014

At the Verizon Communications Inc. ("Verizon") Annual Meeting of Shareholders held on 1 May 2014, Verizon shareholders voted in favor of the following management proposals:

- Election of the following candidates to Verizon's Board of Directors:
 1. Shellye L. Archambeau
 2. Richard L. Carrión
 3. Melanie L. Healey
 4. M. Frances Keeth
 5. Robert W. Lane
 6. Lowell C. McAdam
 7. Donald T. Nicolaisen
 8. Clarence Otis, Jr.
 9. Rodney E. Slater
 10. Kathryn A. Tesija
 11. Gregory D. Wasson
- Ratification of the Audit Committee's appointment of Ernst & Young LLP as Verizon's independent registered public accounting firm for 2014;
- Approval of the following non-binding resolution: "Resolved, that the shareholders approve, on an advisory basis, the compensation of the named executive officers, as disclosed in the Company's Proxy Statement for the 2014 Annual Meeting of Shareholders pursuant to the compensation disclosure rules of the Securities and Exchange Commission, including the Compensation Discussion and Analysis, the compensation tables and the related narrative discussion."
- Approval of amendments to Verizon's Bylaws to implement a "proxy access" right for shareholders.