



Capital Group International, Inc.
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11 February 2010

Oslo Bors AS
(Oslo Stock Exchange)
011 47 22 41 65 90

Flex LNG
Attn: Company Secretary
investor.relations@flexlng.com

Norwegian Central Securities
Depository (VPS)
11 47 22 63 52 00

Capital Group International, Inc. – Disclosure of acquisitions of large shareholdings -Flex LNG

Capital Group International, Inc. ("CGII") is the parent company of five companies that serve as investment managers to various institutional clients around the globe: Capital Guardian Trust Company in the U.S.; Capital International, Inc. in the U.S. and Singapore; Capital International Limited in the United Kingdom; Capital International Sàrl in Switzerland; Capital International K.K. in Japan. Neither CGII nor any of its subsidiaries own shares of Flex LNG for their own account. Rather, the shares reported in this disclosure are owned by accounts under the discretionary investment management of one or more of the investment management companies described above.

Pursuant to the Norwegian Securities Trading Act Section 3-2 and Regulations of 18 December 2002, we hereby disclose the following information:

On 10 February 2010, 1,410,000 shares were acquired, resulting in a shareholding of 6,540,936 shares, amounting to 5.8015%. Please see attached Schedule A for the details of the transaction.

The following is a breakdown of CGII's holdings as of 10 February 2010 in Flex LNG.

Capital Guardian Trust Company	6,540,936 shares / 5.8015%
Capital International Limited	0 shares / 0.0000%
Capital International, Inc.	0 shares / 0.0000%
Capital International Sàrl	0 shares / 0.0000%

For purposes of this Notification an outstanding share balance of 112,746,190 shares was used to calculate the percentages. We believe this outstanding share balance to be current; however, if this number is not accurate, please contact us as soon as possible so we may make the necessary revisions to this Notification.

Should you have questions or require additional information, please contact us at (213) 615-0469, or send a fax message to (213) 486-9698. Alternatively, you may contact us via E-mail at GRGroup@capgroup.com.

Regards,

Vivien Tan
Compliance Specialist

Schedule A

Flex LNG

Outstanding Shares 112,746,190

	# of shares before transaction	% before transaction	Date of transaction	Currency	Price	Ordinary Shares transacted	% of issued share capital	# of shares after transaction	% after transaction
Management Company			10-Feb-2010	NOK	6.5000	1,410,000	1.2506%	6,540,936	5.8015%
Capital Guardian Trust Company						1,410,000	1.2506%		
Total	5,130,936	4.5509%							