



To NASDAQ Copenhagen

Announcement no. 05- 2016
14 March 2016

TryghedsGruppen's candidates for Tryg's Supervisory Board

In continuation of Tryg's notice of the annual general meeting on 16 March 2016 at 14:00 CET (announcement no. 03-2016), TryghedsGruppen smba has announced that they nominate the following four candidates for election at the annual general meeting for the four seats in Tryg's Supervisory Board reserved for members of the Supervisory Board of TryghedsGruppen smba:

Jørgen Huno Rasmussen (Chairman)
Anders Hjulmand
Jesper Hjulmand
Ida Sofie Jensen

CVs and written vote form on tryg.com and the InvestorPortal will be updated shortly.

Additional information:

For further information visit tryg.com or contact;

Investor Relations Officer, Gianandrea Roberti at +45 20 18 82 67 or
gianandrea.roberti@tryg.dk

Investor Relations Manager, Peter Brondt at +45 22 75 89 04 or peter.brondt@tryg.dk

Tryg is the second-largest insurance company in the Nordic region with activities in Denmark, Norway and Sweden. Tryg provides peace of mind and value for 2.7 million customers on a daily basis. Tryg is listed on NASDAQ Copenhagen and 60% of the shares are held by TryghedsGruppen smba. TryghedsGruppen, annually, contributes around DKK 500m to peace of mind purposes via TrygFonden.