

6 December 2018**Report on insider's trade with FirstFarms A/S' shares and convertible bonds**

Chairman of the Board, Henrik Hougaard, has informed, that trades have been made with FirstFarms' shares between companies closely related to Henrik Hougaard.

Pursuant to the Market Abuse Regulation art. 19 and according to power of attorney to report transactions on behalf of Thoraso Invest Aps, Henrik Hougaard Invest ApS and Thoraso ApS, FirstFarms A/S shall hereby report transactions with FirstFarms A/S' shares, associated securities and convertible bonds by managerial staff and their related parties:

Name:	Thoraso ApS
Reason:	Closely related to Chairman of the Board Henrik Hougaard
Issuer:	FirstFarms A/S
ISIN code:	DK0060056166
Type:	Shares
Transaction:	Purchase
Trading date:	5 December 2018
Market:	Private trade
Number:	979,789
Market value in DKK:	45,462,209.60

Name:	Thoraso Invest ApS
Reason:	Closely related to Chairman of the Board Henrik Hougaard
Issuer:	FirstFarms A/S
ISIN code:	DK0060056166
Type:	Shares
Transaction:	Sale
Trading date:	5 December 2018
Market:	Private trade
Number:	794,474
Market value in DKK:	36,863,593.60

Name:	Henrik Hougaard Invest ApS
Reason:	Closely related to Chairman of the Board Henrik Hougaard
Issuer:	FirstFarms A/S
ISIN code:	DK0060056166
Type:	Shares
Transaction:	Sale
Trading date:	5 December 2018
Market:	Private trade
Number:	185,315
Market value in DKK:	8,598,616.00

Thoraso ApS has also on 5 December 2018 bought convertible bonds in FirstFarms A/S for nominal DKK 26,338,983 from Thoraso Invest ApS. The bonds have been bought at a price of 100. FirstFarms' share has ISIN code DK0060056166, the bonds are not listed.

Best regards,
FirstFarms A/S

For further information:

Please visit our website www.firstfarms.com or contact CEO Anders H. Nørgaard on telephone +45 75 86 87 87.

About FirstFarms:

FirstFarms is a Danish stock exchange listed company, which purchases and operation agriculture in Eastern Europe. We develop the individual farms to modern and sustainable businesses that deliver milk, meat and grains of the highest quality to the dinner tables all over the world.