

1	Details of the Primary Insider/Close Associate			
a)	Name	Monica Hansen		
2 Reason for the notification				
a)	Position/status	Primary insider in capacity of her position as Group controller in Frøy ASA		
b)	Initial notification/Amendment	Amendment of notification		
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Frøy ASA		
b)	LEI	549300U4W5TODHJ1RL14		
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792		
b)	Nature of the transaction	Subscription		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 61	964 shares	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2021-03-26		
f)	Place of the transaction	Outside a trading venue, allocation in IPO		

1	Details of the Primary Insider/Close Associate			
a)	Name	Eirin Ervik Pedersen		
2 Reason for the notification				
a)	Position/status	Primary insider in capacity of her position as Head of service in Frøy ASA		
b)	Initial notification/Amendment	Amendment of notification		
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Frøy ASA		
b)	LEI	549300U4W5TODHJ1RL14		
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792		
b)	Nature of the transaction	Subscription		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 61	9643 shares	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2021-03-26		
f)	Place of the transaction	Outside a trading venue, allocation in IPO		

1	Details of the Primary Insider/Close Associate							
a)	Name	Oddleif Wigdahl						
2 Reason for the notification								
a)	Position/status	Primary insider in capacity of his position as Head of wellboats in Frøy ASA						
b)	Initial notification/Amendment	Amendment of notification						
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor								
a)	Name	Frøy ASA						
b)	LEI	549300U4W5TODHJ1RL14						
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted								
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792						
b)	Nature of the transaction	Subscription						
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 61</td> <td>482 shares</td> </tr> </table>			Price(s)	Volume(s)	NOK 61	482 shares
Price(s)	Volume(s)							
NOK 61	482 shares							
d)	Aggregated information — Aggregated volume — Price	N/A						
e)	Date of the transaction	2021-03-26						
f)	Place of the transaction	Outside a trading venue, allocation in IPO						

1	Details of the Primary Insider/Close Associate							
a)	Name	Tove Anita Torstad						
2 Reason for the notification								
a)	Position/status	Primary insider in capacity of her position as HR and administration in Frøy ASA						
b)	Initial notification/Amendment	Amendment of notification						
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor								
a)	Name	Frøy ASA						
b)	LEI	549300U4W5TODHJ1RL14						
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted								
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792						
b)	Nature of the transaction	Subscription						
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 61</td> <td>1928 shares</td> </tr> </table>			Price(s)	Volume(s)	NOK 61	1928 shares
Price(s)	Volume(s)							
NOK 61	1928 shares							
d)	Aggregated information — Aggregated volume — Price	N/A						
e)	Date of the transaction	2021-03-26						
f)	Place of the transaction	Outside a trading venue, allocation in IPO						

1	Details of the Primary Insider/Close Associate		
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a)	Name	Sørlia AS				
2 Reason for the notification						
a)	Position/status	A company closely associated with primary insider in Frøy, CFO of Frøy ASA, Arne Rødsjø				
b)	Initial notification/Amendment	Amendment of notification				
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Frøy ASA				
b)	LEI	549300U4W5TODHJ1RL14				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792				
b)	Nature of the transaction	Subscription				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 61</td> <td>16393 shares</td> </tr> </table>	Price(s)	Volume(s)	NOK 61	16393 shares
Price(s)	Volume(s)					
NOK 61	16393 shares					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2021-03-26				
f)	Place of the transaction	Outside a trading venue, allocation in IPO				

1 Details of the Primary Insider/Close Associate						
a)	Name					
BJJ Holding AS						
2 Reason for the notification						
a)	Position/status	A company closely associated with primary insider in Frøy, Head of sea transport of Frøy ASA, Bjarne Johannessen				
b)	Initial notification/Amendment	Amendment of notification				
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Frøy ASA				
b)	LEI	549300U4W5TODHJ1RL14				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792				
b)	Nature of the transaction	Subscription				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 61</td> <td>100,000 shares</td> </tr> </table>	Price(s)	Volume(s)	NOK 61	100,000 shares
Price(s)	Volume(s)					
NOK 61	100,000 shares					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2021-03-26				
f)	Place of the transaction	Outside a trading venue, allocation in IPO				

1	Details of the Primary Insider/Close Associate			
a)	Name	Havbruksinvest AS		
2 Reason for the notification				
a)	Position/status	A company closely associated with primary insider in Frøy, CEO of Frøy ASA, Helge Gåsø		
b)	Initial notification/Amendment	Amendment of notification		
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Frøy ASA		
b)	LEI	549300U4W5TODHJ1RL14		
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792		
b)	Nature of the transaction	Subscription		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 61	20,000 shares	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2021-03-26		
f)	Place of the transaction	Outside a trading venue, allocation in IPO		

1	Details of the Primary Insider/Close Associate			
a)	Name	Gåsø Næringsutvikling AS		
2 Reason for the notification				
a)	Position/status	A company closely associated with primary insiders in Frøy i) CEO of Frøy ASA, Helge Gåsø and ii) CMO/COO of Frøy, Anders Gåsø		
b)	Initial notification/Amendment	Amendment of notification		
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Frøy ASA		
b)	LEI	549300U4W5TODHJ1RL14		
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792		
b)	Nature of the transaction	Subscription		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 61	819.672 shares	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2021-03-26		
f)	Place of the transaction	Outside a trading venue, allocation in IPO		

1	Details of the Primary Insider/Close Associate		
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a)	Name	Ocean Capital Advisers AS				
2 Reason for the notification						
a)	Position/status	A company closely associated with primary insider in Frøy, Head of investor relations of Frøy ASA, Sondre Vevstad				
b)	Initial notification/Amendment	Amendment of notification				
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Frøy ASA				
b)	LEI	549300U4W5TODHJ1RL14				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792				
b)	Nature of the transaction	Subscription				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 61</td> <td>8196 shares</td> </tr> </table>	Price(s)	Volume(s)	NOK 61	8196 shares
Price(s)	Volume(s)					
NOK 61	8196 shares					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2021-03-26				
f)	Place of the transaction	Outside a trading venue, allocation in IPO				

1 Details of the Primary Insider/Close Associate						
a)	Name					
Skipsinvest AS						
2 Reason for the notification						
a)	Position/status	A company closely associated with primary insider in Frøy, board member in Frøy ASA, Harry Bøe				
b)	Initial notification/Amendment	Amendment of notification				
3 Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Frøy ASA				
b)	LEI	549300U4W5TODHJ1RL14				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares in Frøy ASA ISIN: NO0010936792				
b)	Nature of the transaction	Subscription				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>NOK 61</td> <td>549.180 shares</td> </tr> </table>	Price(s)	Volume(s)	NOK 61	549.180 shares
Price(s)	Volume(s)					
NOK 61	549.180 shares					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2021-03-26				
f)	Place of the transaction	Outside a trading venue, allocation in IPO				