

<b>1</b>	<b>Details of the Primary Insider/Close Associate</b>							
a)	Name	T. Helgesen Invest AS Teigesen Savings AS						
<b>2</b>	<b>Reason for the notification</b>							
a)	Position/status	Close associate to Tore Helgesen, interim CFO						
b)	Initial notification/Amendment	Initial notification						
<b>3</b>	<b>Details of the company, emission allowance market participant, auction platform, auctioneer or auction monitor</b>							
a)	Name	Frøy ASA						
b)	LEI	549300U4W5TODHJ1RL14						
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>							
a)	Description of the financial instrument, type of instrument Identification code	Shares in Frøy ASA, ISIN NO0010936792						
b)	Nature of the transaction	Purchase of shares						
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 54,40</td> <td>1 900 (T. Helgesen Invest AS)</td> </tr> <tr> <td>NOK 54,40</td> <td>1 900 (Teigesen Savings AS)</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 54,40	1 900 (T. Helgesen Invest AS)	NOK 54,40	1 900 (Teigesen Savings AS)
Price(s)	Volume(s)							
NOK 54,40	1 900 (T. Helgesen Invest AS)							
NOK 54,40	1 900 (Teigesen Savings AS)							
d)	Aggregated information — Aggregated volume — Price	3 800 shares Price: 54,40						
e)	Date of the transaction	05.01.2022						
f)	Place of the transaction	XOSL – Oslo Børs						