



To the shareholders in Marine Harvest ASA

NOTICE OF ANNUAL GENERAL MEETING 2016

Notice is hereby given of Marine Harvest ASA's annual general meeting:

Date: 9 June 2016

Time: 13:00 CET

Venue: Sandviksbodene 77A/B, 5035 Bergen, Norway

The general meeting will be opened by the chairman of the board, Ole-Eirik Lerøy.

After the opening of the meeting there will be a registration of shareholders attending in person or by proxy.

AGENDA:

1. Election of a chairperson and a person to countersign the minutes together with the chairperson

2. Approval of the notice and the proposed agenda

3. Briefing on the business

The company's CEO, Alf-Helge Aarskog, will provide a briefing on the business of the Marine Harvest group.

4. Approval of the financial statements and the board of directors' report for 2015 for Marine Harvest ASA and the Marine Harvest group, including allocation of the result of the year

The financial statements and the board of directors' report for 2015 for Marine Harvest ASA and the Marine Harvest group are included in the annual report for 2015. The annual report is available on the company's website www.marineharvest.com.

5. The board's statement regarding corporate governance

Pursuant to section 5-6 (4) of the Public Limited Companies Act, the general meeting must discuss the board's report regarding corporate governance. The board's report is included in the annual report for 2015, which is available on the Company's website www.marineharvest.com.

6. The board's statement regarding the remuneration of senior executives

Pursuant to section 6-16 (a) of the Public Limited Companies Act, the board must prepare a statement regarding the remuneration of senior management (the "Statement").

The Statement is enclosed and is also available on the company's website www.marineharvest.com. The Statement contains a proposal to continue the company's share option scheme for senior executives and the board asks for an authorisation to issue up to 1.5 million options. This proposal is not reflected in the statement included in note 15 of Marine Harvest ASA's annual accounts.

Pursuant to the Public Limited Companies Act § 5-6 (3), the shareholders will be asked to approve the guidelines for allocation of options set out in the Statement. In addition an advisory vote on the rest of the Statement will be held.

Consequently, two votes will be held, one advisory vote under this item 6 and one ordinary vote over the guidelines for the allocation of options under item 7 below.

7. Approval of the guidelines for allocation of options

The board asks that the general meeting approves the guidelines for the allocation of options set out in the enclosed Statement which also is available on the Company's website www.marineharvest.com.

8. Determination of the remuneration of the board members

The nomination committee's proposal for remuneration to the board members for the period 2015/16 is included in the nomination committee's enclosed recommendation. The remuneration to the board members has historically been determined in arrears. The nomination committee is proposing that remuneration to the board members going forward shall be determined in advance and has accordingly included a proposal for remuneration to the board members for the period 2016/2017 in the nomination committee's enclosed recommendation. The nomination committee's recommendation is also available on the company's website www.marineharvest.com.

9. Determination of the remuneration of the members of the nomination committee

The nomination committee's proposal for remuneration to the members of the nomination committee for the period 2015/16 is included in the nomination committee's enclosed recommendation.

10. Determination of the remuneration of the company's auditor for 2015

The fee is set out in note 17 of Marine Harvest ASA's annual accounts for 2015. The board recommends that the fee be set accordingly.

11. Election of auditor

The board's proposal and the audit committee's statement will be presented at the general meeting.

12. Election of a new board of directors

The election period for Leif Frode Onarheim, Cecilie Fredriksen and Hélène Vibbleus expire at the ordinary general meeting.

The nomination committee recommends that Cecilie Fredriksen is re-elected for a period of two years and that Paul Mulligan, Jean-Pierre Bienfait and Birgitte Ringstad Vartdal are elected as new board members for a period of two years.

The nomination committee also recommends that Lisbet K. Nærø is elected deputy chairman.

If the nominees are elected, the board will consist of the following shareholder-elected members:

Ole-Eirik Lerøy, chairman of the board

Lisbet K. Nærø, deputy chairman

Ørjan Svanevik

Cecilie Fredriksen

Paul Mulligan

Jean-Pierre Bienfait

Birgitte Ringstad Vartdal

The nomination committee's proposal with an explanatory statement is included in the nomination committee's enclosed recommendation.

13. Authorisation to the board to distribute dividends

Reference is made to the company's strategy on quarterly distribution of dividends, if deemed appropriate based on the company's financial situation. To facilitate distribution of dividends throughout the year, the board proposes the following resolution:

"The board of directors is authorised under section 8-2 (2) of the Public Limited Companies Act to approve the distribution of dividends based on the company's annual accounts for 2015. The authorisation includes distribution in the form of repayment of paid-in capital.

The authorisation may be used to approve the distribution of dividend up to an aggregate amount that may not exceed NOK 5,000,000,000.

The authority is valid until the ordinary general meeting in 2017, however no longer than 30 June 2017."

14. Authorisation to the board to purchase the company's own shares

At the ordinary general meeting in 2015, the board was authorised to purchase the company's own shares with a nominal value of up to NOK 337,564,239. The authorisation is valid until the ordinary general meeting in 2016, however no longer than 30 June 2016.

The board has used its authorisation to purchase 11,934 shares and 594,621 shares in the market at an average price of NOK 112.13 and NOK 129.30 per share. The purchase was made in connection with the company's share purchase program for employees within the scope of section 5-14 of the Norwegian Tax Act and exercise of options by senior executives.

The board wishes to continue to be able to purchase the company's shares in situations where this is considered beneficial to the shareholders. The board proposes that the limit is set to 10 % of the company's issued share capital.

The board thus proposes the following resolution:

"The board of directors is authorised under section 9-4 of the Public Limited Companies Act to acquire shares in the company ("own shares") on behalf of the company with a total nominal value of up to NOK 337,564,239. Subject to this aggregate amount limitation, the authority may be used on more than one occasion.

When acquiring own shares, the consideration per share may not exceed NOK 190 and may not be less than the shares' nominal value of NOK 7.50.

The authorisation covers all forms of acquisitions of shares in the company and the encumbering of these per agreement. Shares purchased in accordance with this authorisation may be divested in any way, including sales in the open market and as consideration in transactions.

The general principles of equal treatment must always be observed in relation to transactions with shareholders based on the authorisation granted.

If the par value of the company's shares changes during the term of this authority, the scope of the authority will change accordingly.

The authority is valid until the ordinary general meeting in 2017, however no longer than 30 June 2017."

As of this date, Marine Harvest ASA does not hold any own shares.

15. Authorisation to the board to increase the share capital

At the ordinary general meeting in 2015, the board was authorised to increase the company's share capital by up to NOK 337,564,239. The authorisation is valid until the annual general meeting in 2016, however no longer than 30 June 2016.

The board proposes that the general meeting grants a new authorisation to increase the company's share capital. The board proposes that the limit is set to 10 % of the company's share capital.

To obtain flexibility, the board proposes that the authorisation includes the right to set aside the shareholders' preemptive rights.

The purpose of the proposal is to simplify the procedure in connection with capital increases to fulfil the company's obligations under its share option scheme for senior executives, to finance further growth and/or the offering of shares as consideration in acquisitions where this is deemed a favourable form of settlement to the company.

The board thus proposes the following resolution:

"The board of directors is authorised under section 10-14 (1) of the Public Limited Companies Act to increase the company's share capital by up to NOK 337,564,239. Subject to this total amount limitation, the authorisation may be used on more than one occasion.

The preemptive rights of the shareholders under the Public Limited Companies Act section 10-4 may be set aside.

The authorisation covers capital increases against cash and non-cash contributions. The authorisation covers the right to impose special obligations on the company as provided in section 10-2 of the Public Limited Companies Act. The authorisation covers resolutions on mergers as provided in section 13-5 of the Public Limited Companies Act. If the contribution is to be made by a transfer of non-cash assets to the company, the board may decide that such assets are transferred to a subsidiary subject to a corresponding settlement taking place between the subsidiary and the company.

The authorisation is valid until the ordinary general meeting in 2017, however no longer than 30 June 2017."

16. Authorisation to the board to take up convertible loans

At the ordinary general meeting in 2015, the board was authorised to take up convertible loans with an aggregate principal loan amount of up to NOK 3,200,000,000. The share capital increase following from conversion of such loans may not exceed NOK 480,000,000. The authorisation is valid until the annual general meeting in 2016, however no longer than 30 June 2016. The authorisation has been used to take up a convertible loan in the amount of EUR 340 million.

The board proposes that a new authorisation to take up convertible loans is granted to enable the company to use such financial instruments as part of its overall financing on short notice.

The board thus proposes the following resolution:

"The board of directors is authorised under section 11-8 of the Public Limited Companies Act to take up convertible loans with a total principal amount of up to NOK 3,200,000,000. Subject to this total amount limitation, the authorisation may be used on more than one occasion.

Upon conversion of loans taken up pursuant to this authorisation, the company's share capital may be increased by up to NOK 480,000,000 (subject to adjustments in the conversion terms resulting from changes to the company's capital).

The pre-emptive rights of the shareholders under section 11-4 cf. section 10-4 of the Public Limited Companies Act may be set aside.

The authorisation is valid until the ordinary general meeting in 2017, however no longer than 30 June 2017."

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Registration

Shareholders wishing to attend the general meeting are asked to inform the company thereof. Registration must be received by DNB Bank ASA Securities Services, no later than 8 June 2016 at 08:00 (CET). A registration form has been distributed to the shareholders.

Shareholders who do not wish to attend the general meeting in person have the right to be represented by proxy. If so, a written and dated proxy form must be received by DNB Bank ASA Securities Service no later than 8 June 2016 at 08:00 (CET). A proxy form, with instructions on how to use it, has been distributed to the shareholders. Identity papers of both the proxy and the shareholder, and a company certificate if the shareholder is a legal entity, must be enclosed to the proxy form.

Both the registration form and the proxy form may be sent electronically through the company's website www.marineharvest.com or through VPS Investor Services. To get access to electronic registration or to submit a proxy form through the company's website, a pin code and a reference number must be stated. Alternatively, the forms may be sent by email to genf@dnb.no or by ordinary mail to DNB Bank ASA Securities Services, P.O. Box 1600 Sentrum, 0021 Oslo.

A shareholder is entitled to vote in proportion to the number of shares the shareholder owns. The number of shares registered in the name of the shareholder in the company's shareholders' register in the Central Securities Depository (VPS) at the time of the general meeting is adequate documentation for the shareholding. If the shareholder has acquired shares shortly before the general meeting, the voting right cannot be exercised unless the acquisition has been registered in VPS or the acquisition has been reported to VPS and is duly documented at the general meeting.

Neither the beneficial shareholder nor a nominee is entitled to vote for shares that are registered at a VPS account belonging to a nominee, cf. section 4-10 of the Public Limited Companies Act. In order to vote for shares held through a nominee, such shares must be re-registered from the nominee to the beneficial shareholder before the date of the

general meeting. Shares that are still registered on a nominee's account at the date of the general meeting will not carry any voting rights.

Marine Harvest ASA is a Norwegian public limited liability company governed by Norwegian law, including the Public Limited Companies Act and the Securities Trading Act. As of the date of this notice, the company has issued 450,085,652 shares, each of which carries one vote. The shares also carry equal rights in all other respects. As of the date of this notice, the company does not hold any own shares.

A shareholder may have items included on the agenda of the general meeting, provided that each such item is forwarded in writing to the board of directors, together with a draft resolution or arguments why the item should be included, no later than 7 days prior to the deadline for submitting a notice to the general meeting expire.

A shareholder may bring an advisor to the general meeting and let one advisor speak on its behalf.

A shareholder may require that board members and the managing director provide available information which may influence the assessment of (i) the financial statements and the annual report, (ii) the items submitted for the shareholders' voting, (iii) the company's financial situation, including any business activities the company conducts in other companies, and (iv) other matters to be discussed by the general meeting, unless the required information cannot be provided without causing undue harm to the company

This notice and the documents referred to herein are available on the company's website www.marineharvest.com.

The nomination committee's proposal and the Statement are enclosed to the notice which will be sent to the shareholders by ordinary mail. These documents and the other documents referred to in the notice are available on the company's website www.marineharvest.com and will be sent free of charge by ordinary mail to the shareholders who so request. If a shareholder wishes to receive the documents, the company can be contacted by telephone on +47 21 56 20 07, or by email to stefania.lombardi@marineharvest.com.

Bergen, 10 May 2016

for the board of directors in Marine Harvest ASA

Ole-Eirik Lerøy
Chairman

THE BOARD OF DIRECTORS' STATEMENT ON THE PRINCIPLES APPLICABLE TO THE DETERMINATION OF SALARIES AND OTHER COMPENSATION FOR SENIOR EXECUTIVES

Pursuant to section 6-16a of the Public Limited Companies Act the Board of Directors of Marine Harvest ASA is required to prepare a statement on the principles applicable to the determination of salaries and other compensation for senior executives.

1. Responsibility

The Board of Marine Harvest ASA determines the principles applicable to the Group's policy for senior executive compensation.

The Board is directly responsible for the determination of the CEO's salary and other benefits.

The CEO is, in consultation with the chairman of the Board, responsible for the determination of the salary and other benefits for the Group's other senior executives.

The Group's senior executives include the management team of each Business Area as well as the senior members of the corporate staff.

2. Goal

The purpose of Marine Harvest's compensation principles for senior executives is to attract employees with the competence required by the Group, retain employees with important competence and motivate employees to contribute in the long-term in order to reach the Group's business goals.

The Group's most important competitive advantage shall be the ability to offer each employee meaningful and challenging responsibilities in a good working environment.

3. Guidelines

The following guidelines shall form the basis of the determination of compensation to the Group's senior executives:

The total compensation offered to senior executives shall be competitive, both nationally and internationally.

The compensation shall contain elements providing necessary financial security following termination of the employment, both before the age of retirement and in connection with this.

The compensation shall be motivating, both for the individual and for the Group's senior executives as a group.

Variable elements in the total compensation to the Group's senior executives shall be linked to the values generated by the Group for the benefit of Marine Harvest ASA's shareholders.

The system of compensation shall be understandable and meet general acceptance internally in the Group, among the Company's shareholders and with the public.

The system of compensation shall be flexible and contain mechanisms which make it possible to carry out individual adjustments based on the results achieved and contributions made towards the development of the Group.

4. Principles applicable to the determination of salary and other remuneration in 2016.

4.1 Fixed salary

The fixed salary which each individual senior executive in the Group will receive in 2016 is a consequence of existing employment agreements. When recruiting, the salary level offered will reflect this. Adjustments of individual fixed salaries will be carried out in accordance with trends in local labor markets, the results achieved, and individual contributions to the development of the Group.

4.2 Benefits in kind

The Group's compensation schemes include only a limited number of benefits in kind. These benefits correspond to common practice in local labor markets and typically include personal communication equipment, access to media, and in some cases car and parking arrangements. These schemes will be continued in 2016 according to existing agreements. Such schemes will be included in the terms for new employees in accordance with established practice.

4.3 Pension

The Group currently operates a number of pension schemes for its employees. These are further described in Note 14 to the Group financial statements.

The pension schemes comply with such local statutory requirements as the individual companies in the Group are obliged to comply with. Schemes which go beyond what is required by law are mainly contribution based. These schemes will be continued in 2016. New employees will be included in the schemes in accordance with local practice.

4.4 Termination payments

The Group has individual agreements on termination payments upon dismissal with several of its senior executives. The right to receive a termination payment is linked to a waiver of the general protection against termination under applicable employment laws. The period of termination payment is normally up to 24 months from resignation. There are no plans to change existing agreements for senior executives in this area in 2016. The current practice on the use of termination payments will be continued in 2016 in relation to new recruits.

4.5 Bonus

The Group's senior executives have, as a part of their employment terms, a right to receive an annual bonus.

The scheme is cash-based and is normally triggered for each individual if set goals for the Group, and for the individual entitled to bonus, are met. 70 % of the bonus is linked to the target achievement of the Group and a Business Area, while 30 % is linked to individual goal achievement. The size of the bonus is, for each individual, limited to a share of the person's fixed salary. Such bonus shall normally not exceed 50% of the fixed salary.

There are no plans to change the current bonus scheme.

New permanent employees in 2016 will be included in this scheme.

4.6 Share option scheme - senior executives

The Group has a share option scheme for senior executives, pursuant to which allocations were made in 2013 (with effect for 2012 and 2013), in 2014 and in 2015.

The scheme is based on annual allocations by the Board of Directors of a number of European call options with a strike price of 107.5% of the share price at the date of the annual general meeting authorizing allocations under the scheme. The options have a term of four years but will become exercisable immediately if a mandatory bid is made for all of the shares in Marine Harvest or if

Marine Harvest is the non-surviving entity in a merger with another company.

If the holder of the options exercises the options, the Company may settle its obligation through the issue of new shares or, alternatively, by selling treasury shares to the option holder. There will be no lock-up obligation on the shares the option holder receives through the exercise of the option. The exercise of the option is conditional upon the option holder being employed in a non-terminated position in the Group at the date of exercise.

The number of shares and the strike price will be adjusted for dividends and changes in the equity capital during the term of the option according to the Oslo Stock Exchange's derivative rules. Total profit through the exercise of the option in a year is capped at two years' salary for the option holder. If the profit exceeds this limit, the number of shares to be issued will be reduced accordingly.

Following the 2015 annual general meeting (the "2015 AGM"), the Board of directors allocated 1.475 million options with a strike price corresponding to 107.5% of the volume weighted average share price on the Oslo Stock Exchange ("OSE") the day of the 2015 AGM, being NOK 100,4191 to a total of 17 individuals.

The Board of directors will propose a continuation of the share option scheme and proposes that the 2016 annual general meeting (the "2016 AGM") authorises the Board of directors to issue up to [1.5] million options with a strike price corresponding to 107.5 % of

the volume weighted average share price on OSE at the date of the 2016 AGM.

Eligibility to the senior executive share option scheme is limited to: Group CEO, other Group Executives and management and key experts of business areas, subsidiaries and group functions, based on the following criteria:

1. the position and individual is important in realizing the Marine Harvest Group ambitions;
2. the individual is considered critical for the Business Unit(s);
3. the individual is expected to continue in a role covered by the scheme;
4. the individual will not retire during the first year of the scheme

4.7 Share purchase program - employees

The board will, annually, consider giving all permanent employees in Marine Harvest ASA and its Norwegian, Scottish and Canadian subsidiaries the opportunity to acquire shares in the Company at a gross amount of up to NOK 15,000 at a discount of 20%.

5. Remuneration of senior executives in 2015

In the course of 2015 and the first quarter of 2016, the Group has complied with the policy for remuneration of senior executives that was presented at last year's general meeting.

MARINE HARVEST ASA

RECCOMENDATION FROM THE NOMINATION COMMITTEE

TO THE 2016 ANNUAL GENERAL MEETING

During the election period 2015/2016 the nomination committee (the "Nomination Committee") of Marine Harvest ASA (the "Company") has consisted of:

Robin Bakken, Chair
Merete Haugli
Nils Bastiansen

Information on the Nomination Committee's mandate is available on the Company's website.

Since the 2015 annual general meeting, the Nomination Committee has held physical and telephone meetings, including meeting with the Chairman of the board. Members of the Nomination Committee have also consulted other board members, management and the Company's largest shareholders. The committee has been updated on the Company's business, strategy and organisation, and based on this evaluated the board's qualifications, experience and any necessary or desired additional competences or resources. The Nomination Committee has endeavoured to present a proposal for a highly competent and diversified board that can act in the best interests of the Company and its owners in whole.

The Company has undergone and is undergoing a significant expansion and development, from a pure farming company to a large international industrial group with a number of business areas. The Nomination Committee is of the view that the board should have a diversified composition covering all relevant areas of competence, including in-depth business knowledge, finance, accounting, industry, engineering, accounting, branding, sales, marketing and international experience.

The Nomination Committee's recommendation is:

The Board of Directors

For the period 2015-2016, the Company's board has comprised the following shareholder elected members:

Ole Eirik Lerøy, Chairman
Leif Frode Onarheim, Deputy Chairman
Cecilie Fredriksen
Lisbet K. Nærø
Ørjan Svanevik
Heléne Vibbleus

The terms for Cecilie Fredriksen, Helene Vibbleus and Leif Frode Onarheim expires at the 2016 annual general meeting.

The Nomination Committee recommends that Cecilie Fredriksen is re-elected as board member for a new two-year term, and that the following new members of the board are elected for a two year term:

Paul Mulligan

Paul Mulligan serves as President of Coca-Cola Refreshments, representing 90% of the North American volume for The Coca-Cola Company and approximately 25% of the Coca-Cola group's global turnover. Before taking the position as President of Coca-Cola Refreshments, he was most recently Region Director responsible for The Coca-Cola Company Bottling Investments Group's (BIG) operations in Japan and Latin America, serving on the Board of Directors of the Tokyo Coca-Cola Bottling Company, the Tone Coca-Cola Bottling Company (Japan) and Solar Coca-Cola Bottling Company (Brazil) with operational accountability for six Coca-Cola Franchises across Japan and Latin America. With more than 20 years in the Coca-Cola system, Paul has held several general management positions including General Manager, Coca-Cola Switzerland, General Manager, Coca-Cola Bulgaria and General Manager, Coca-Cola North West Romania. Prior to his Coca-Cola experience, Paul worked in audit and tax with KPMG in Ireland and USA. Paul holds a Degree in Economics (University College Dublin, Ireland), a Masters in Accounting and Finance (Dublin City University) and completed the chartered accounting exams while with KPMG in Ireland. He serves on the Boards of Directors of the Retail Industry Leaders Association (RILA) and the SKate Foundation.

Jean-Pierre Bienfait

Mr. Jean-Pierre Bienfait received a Master of Law degree from Utrecht University, the Netherlands, and a Master of Business Administration from Columbia University, New York. He participated in the Advanced Management Program at the Harvard Business School during 2013. He started his career in 1988 at Citibank. From 1991 to 2013 he worked in Food Retail and Food Service at SHV MAKRO and METRO GROUP where he assumed increasingly senior international management positions, mostly in Asia. He worked as Operations Director MAKRO Indonesia, CEO MAKRO China, VP Operations METRO China and CEO METRO Egypt and the Netherlands. After a period at Unilever he returned to Food Retail as COO MAKRO Thailand responsible for Asian expansion. Mr. Bienfait has held various Board positions amongst which at the Federation of Dutch Food Wholesalers and at Maxxam CV, a joint purchasing organization for Dutch Foodservice companies. He is an active Board member and Secretary of the Red Cross and a member of the Council for Poverty alleviation, both in Amsterdam.

Birgitte Ringstad Vartdal

Birgitte Ringstad Vartdal has served as CEO of Golden Ocean Management AS since April 2016, after having served as CFO of the company since June 2010. Before that, Birgitte held various positions in the Torvald Klaveness Group and Hydro Energy. Birgitte holds a degree of Siv.Ing. (MSc) in Physics and Mathematics from the Norwegian University of Science and Technology (NTNU) and an MSc in Financial Mathematics from Heriot-Watt University, Scotland. Birgitte has been a Board member and member of the Audit Committee of Sevan Drilling ASA, and latest Chair of the board of Sevan Drilling Ltd. She is also a deputy member of the Corporate Assembly in Statoil ASA.

The Nomination Committee recommends that Lisbet K. Nærø is elected as Deputy Chairman to the board for the remainder of her term.

Based on the Nomination Committee's recommendation, the shareholder elected members of the Company's board will be:

Ole Eirik Lerøy, Chair
Lisbet K. Nærø, Deputy Chair
Birgitte Ringstad Vartdal
Cecilie Fredriksen
Ørjan Svanevik
Jean-Pierre Bienfait
Paul Mulligan

Board remuneration

Remuneration for the period 2015-2016

The Nomination Committee has reviewed the board remuneration, and recommends that the remuneration level approved by the 2015 annual general meeting is upheld for the period 2015-2016, as follows:

Chair	NOK	950 000
Deputy Chair	NOK	500 000
Member	NOK	350 000

The Nomination Committee recommends that members of the Company's Audit Committee are compensated as follows for the period 2015-2016:

Chair	NOK 150 000
Member	NOK 100 000

Remuneration for the period 2016-2017

The board remuneration has remained unchanged for the periods 2013-2014, 2014-2015 and 2015-2016, and the nomination committee believes that a general increase of approximately 15% for the period 2016-2017 is reasonable. In addition, the nomination committee proposes an increased remuneration for one of the new board members to align it with market practise in his home jurisdiction. Accordingly, for the period 2016-2017 the nomination committee recommends that the respective board members are compensated as follows:

Ole Eirik Lerøy, Chair	NOK 1 100 000
Lisbet K. Nærø, Deputy Chair	NOK 575 000
Birgitte Ringstad Vartdal	NOK 400 000
Cecilie Fredriksen	NOK 400 000
Ørjan Svanevik	NOK 400 000
Jean-Pierre Bienfait	NOK 400 000
Paul Mulligan	USD 150 000
Employee representatives	NOK 400 000 each

The Nomination Committee recommends that members of the Company's Audit Committee are compensated as follows for the period 2016-2017:

Chair	NOK 150 000
Member	NOK 100 000

The Nomination Committee

None of the members of the Nomination Committee has a term that expires at the 2016 annual general meeting, and it is proposed that the committee continues with the current composition:

Robin Bakken, Chair
Merete Haugli, member
Nils Bastiansen, member

Remuneration to the Nomination Committee

The Nomination Committee's work during the period 2015-2016 has been fairly extensive, and the committee proposes the following remuneration to its members for this period:

Chair	NOK 100 000
Member	NOK 35 000

Oslo, 10 May 2016

On behalf of the Nomination Committee of Marine Harvest ASA

Robin Bakken (sign.)



"surname + first name"
"name 3"
"address 1"
"address 2"
"postal code + place"
"country"

If the shareholder is a legal entity,
please name the person who will represent the entity:

PIN CODE: XXXXXX

REF. NO: XXXXX

Notice of ordinary general meeting

Ordinary general meeting of Marine Harvest ASA will be held
on 9 June 2016 at 13:00 CET in Sandviksbodene 77A/B, 5035
Bergen, Norway

Name of person representing the entity
(To grant proxy, use the proxy form below)

OPTION A

ATTENDANCE FORM

Notice of attendance may be sent electronically through the company's website www.marineharvest.com or through VPS Investor Services. To access the electronic system for notification of attendance or to submit your proxy, through the company's website, the above-mentioned reference number and PIN code must be stated. It may also be sent by e-mail to genf@dnb.no or by ordinary mail to DNB Bank ASA Securities Services, P.O. Box 1600 Sentrum, 0021 Oslo, Norway.

The form must be received by DnB Bank Securities Services no later than 8 June 2016 08:00 (CET).

The undersigned:

will attend the annual general meeting on 9 June 2016 and vote for:

A total of _____
own shares
other shares in accordance with enclosed authorisation(s)
Shares

Place: Date: 2016 Shareholder's signature
(To be signed only by a shareholder who will attend the general meeting in person. To grant proxy, use the form below)

DO NOT CUT

OPTION B (NOT APPLICABLE IF OPTION A HAS BEEN SELECTED)

This proxy form is to be used for a proxy without voting instructions. To grant a proxy with voting instructions, please go to page 2.

POWER OF ATTORNEY WITHOUT VOTING INSTRUCTIONS: PIN CODE: XXXXXX REF. NO: XXXXX

ANNUAL GENERAL MEETING OF MARINE HARVEST ASA 9 JUNE 2016

If you are unable to attend the annual general meeting in person, this proxy form may be used by a person authorised by you, or you may send the proxy form without naming the proxy holder. In such case, the proxy will be deemed to be given to the chairman of the board or a person authorised by him.

The proxy form must be received by DNB Bank ASA Securities Services no later than on 8 June 2016 08:00 (CET).

The proxy form may be sent electronically through the Company's website www.marineharvest.com or through VPS Investor Services. It may also be sent by e-mail: genf@dnb.no or regular mail to DNB Bank ASA, Registrar's Department, P.O.Box 1600 Sentrum, 0021 Oslo, Norway.

The undersigned:

hereby grants (tick one of the two):

the chairman of the board (or a person authorised by him), or

(Name of proxy holder in capital letters)

the right to attend and vote my/our shares at the annual general meeting of Marine Harvest ASA on 9 June 2016.

Place: Date: 2016 Shareholder's signature
(Signature only when granting a proxy)

With regard to rights of attendance and voting, reference is made to the Norwegian Public Limited Companies Act, in particular Chapter 5. If the shareholder is a legal entity, a certificate of registration must be enclosed to the proxy form.

**OPTION C (NOT APPLICABLE IF OPTION A OR B HAS BEEN SELECTED)**

This proxy form is to be used for a proxy with voting instructions.

POWER OF ATTORNEY WITH VOTING INSTRUCTIONS: PIN CODE: XXXXXX REF. NO: XXXXX
ANNUAL GENERAL MEETING OF MARINE HARVEST ASA ON 9 JUNE 2016

If you are unable to attend the annual general meeting in person, you may use this proxy form to give voting instructions. You may grant a proxy with voting instructions to a person authorised by you, or you may send the proxy without naming the proxy holder, in which case the proxy will be deemed to have been given to the chairman of the board or a person authorised by him. The proxy form must be received by DNB Bank ASA Securities Services no later than 8 June 2016 08:00 (CET). It may be sent by e-mail to genf@dnb.no or by ordinary mail to DNB Bank ASA Securities Services, P.O. Box 1600 Sentrum, 0021 Oslo, Norway.

The undersigned:

hereby grants (tick one of the two):

the chairman of the board (or a person authorised by him), or

(Name of proxy holder in capital letters)

the right to attend and vote my/our shares at the annual general meeting of Marine Harvest ASA on 9 June 2016.

The votes must be cast in accordance with the instructions below. Please note that if any items below are not voted on (not ticked off), this will be deemed to be an instruction to vote "for" the proposals in the notice and the nomination committee's proposal. However, if any proposals are made from the floor in addition to or replacement of the proposals in the notice, the proxy holder may vote or abstain from voting at his discretion. In such case, the proxy holder will vote on the basis of his reasonable understanding of the proposal. The same applies if there is any doubt as to how the instructions should be understood. Where no such reasonable interpretation is possible, the proxy holder may abstain from voting.

Voting instructions for annual general meeting 2016	For	Against	Abstention
1. Election of a chairperson and a person to sign the minutes together with the chairperson	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Approval of the notice and proposed agenda	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Briefing on the business	No voting	No voting	No voting
4. Approval of the financial statements and the board of directors' report for 2015 for Marine Harvest ASA and the Marine Harvest group, including allocation of the result of the year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. The board's statement regarding corporate governance	No voting	No voting	No voting
6. Advisory vote on determination of the remuneration of senior executive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Approval of the guidelines for allocation of options	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Remuneration of the board members	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Remuneration of the members of the nomination committee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Remuneration of the company's auditor for 2015	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Election of auditor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Election of board members			
1) Cecille Fredriksen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) Paul Mulligan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) Jean-Pierre Bienfait	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4) Birgitte Ringstad Vartdal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Authorisation to the board to distribute dividends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Authorisation to the board to purchase the company's own shares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Authorisation to the board to increase the share capital	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Authorisation to the board to take up a convertible loans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Place: Date: 2016 Shareholder's signature

(Signature only when granting a proxy with voting instructions)

With regard to rights of attendance and voting, reference is made to the Norwegian Public Limited Companies Act, in particular Chapter 5. If the shareholder is a legal entity, a certificate of registration must be enclosed to the proxy.