



To the shareholders in Marine Harvest ASA

NOTICE OF ANNUAL GENERAL MEETING 2018

Notice is hereby given of Marine Harvest ASA's annual general meeting:

Date: 30 May 2018
Time: 13:00 CET
Venue: Sandviksbodene 77 A/B, 5035 Bergen, Norway

The general meeting will be opened by the chairman of the board, Ole-Eirik Lerøy.

After the opening of the meeting there will be a registration of shareholders attending in person or by proxy.

AGENDA:

- 1. Election of a chairperson and a person to countersign the minutes together with the chairperson**
- 2. Approval of the notice and the proposed agenda**
- 3. Briefing on the business**

The company's CEO, Alf-Helge Aarskog, will provide a briefing on the business of the Marine Harvest group.

- 4. Approval of the financial statements and the board of directors' report for 2017 for Marine Harvest ASA and the Marine Harvest group, including allocation of the result of the year**

The financial statements and the board of directors' report for 2017 for Marine Harvest ASA and the Marine Harvest group are included in the annual report for 2017. The annual report is available on the company's website www.marineharvest.com.

- 5. The board's statement regarding corporate governance**

Pursuant to section 5-6 (4) of the Public Limited Companies Act, the general meeting must discuss the board's report regarding corporate governance. The board's report is included in the annual report for 2017, which is available on the Company's website www.marineharvest.com.

- 6. The board's statement regarding the remuneration of senior executives**

Pursuant to section 6-16 (a) of the Public Limited Companies Act, the board must prepare a statement regarding the remuneration of senior management (the "**Statement**").

The Statement is included in note 14 of Marine Harvest ASA's annual accounts which is included in the annual report for 2017. The annual report is available on the company's website www.marineharvest.com.

Pursuant to the Public Limited Companies Act § 5-6 (3), the shareholders will be asked to approve the guidelines for allocation of options set out in the Statement. In addition, an advisory vote on the rest of the Statement will be held.

Consequently, two votes will be held, one advisory vote under this item 6 and one ordinary vote over the guidelines for the allocation of options under item 7 below.

- 7. Approval of the guidelines for allocation of options**

The board asks that the general meeting approves the guidelines for the allocation of options set out in the Statement.

8. Determination of the remuneration of the board members

The nomination committee's proposal for remuneration to the board members for the period 2018/19 is included in the nomination committee's enclosed recommendation. The nomination committee's recommendation is also available on the company's website www.marineharvest.com.

9. Determination of the remuneration of the members of the nomination committee

The nomination committee's proposal for remuneration to the members of the nomination committee for the period 2017/18 is included in the nomination committee's enclosed recommendation. The nomination committee's recommendation is also available on the company's website www.marineharvest.com.

10. Determination of the remuneration of the company's auditor for 2017

The fee is set out in note 16 of Marine Harvest ASA's annual accounts for 2017 which is included in the annual report for 2017. The board recommends that the fee be set accordingly. The annual report is available on the company's website www.marineharvest.com.

11. Election of new board of directors

The election period for Cecilie Fredriksen, Birgitte Ringstad Vartdal, Paul Mulligan and Jean-Pierre Bienfait expire at the ordinary general meeting.

The nomination committee recommends that Cecilie Fredriksen, Birgitte Ringstad Vartdal, Paul Mulligan and Jean-Pierre Bienfait are re-elected for a period of 2 years.

If the nominees are elected, the board will consist of the following shareholder-elected members:

Ole-Eirik Lerøy, Chairperson

Lisbet K. Nærø, Deputy Chairperson

Cecilie Fredriksen

Kristian Melhuus

Birgitte Ringstad Vartdal

Paul Mulligan

Jean-Pierre Bienfait

The nomination committee's proposal with an explanatory statement is included in the nomination committee's enclosed recommendation. The nomination committee's recommendation is also available on the company's website www.marineharvest.com.

12. Authorisation to the board to distribute dividends

Reference is made to the company's strategy on quarterly distribution of dividends, if deemed appropriate based on the company's financial situation. To facilitate distribution of dividends throughout the year, the board proposes the following resolution:

"The board of directors is authorised under section 8-2 (2) of the Public Limited Companies Act to approve the distribution of dividends based on the company's annual accounts for 2017.

The authorisation may be used to approve the distribution of dividend up to an aggregate amount that may not exceed NOK 7,500,000,000.

The authority is valid until the ordinary general meeting in 2019, however no longer than 30 June 2019."

13. Authorisation to the board to purchase the company's own shares

At the ordinary general meeting in 2017, the board was authorised to purchase the company's own shares with a nominal value of up to NOK 367,625,862. The authorisation is valid until the ordinary general meeting

in 2018, however no longer than 30 June 2018. The amount represented approx. 10% of the company's share capital at the date of the ordinary general meeting. The board has used its authorisation to purchase 132,427 shares in the market at an average price of NOK 145.9785 per share. The purchase was made in connection with the company's share purchase program for employees within the scope of section 5-14 of the Norwegian Tax Act.

The board wishes to continue to be able to purchase the company's shares in situations where this is considered beneficial to the shareholders. The board proposes that the general meeting grants a new authorisation to the board to acquire shares in the company with a total nominal value of up to 10% of the company's current share capital.

The board thus proposes the following resolution:

"The board of directors is authorised under section 9-4 of the Public Limited Companies Act to acquire shares in the company ("own shares") on behalf of the company with a total nominal value of up to NOK 367,625,833. Subject to this aggregate amount limitation, the authority may be used on more than one occasion.

When acquiring own shares, the consideration per share may not exceed NOK 300 and may not be less than the shares' nominal value of NOK 7.50.

The authorisation covers all forms of acquisitions of shares in the company and the encumbering of these per agreement. Shares purchased in accordance with this authorisation may be divested in any way, including sales in the open market and as consideration in transactions.

The general principles of equal treatment must always be observed in relation to transactions with shareholders based on the authorisation granted.

If the par value of the company's shares changes during the term of this authority, the scope of the authority will change accordingly.

The authority is valid until the ordinary general meeting in 2019, however no longer than 30 June 2019."

As of this date, Marine Harvest ASA does not hold any own shares.

14. Authorisation to the board to issue new shares

At the ordinary general meeting in 2017, the board was authorised to increase the company's share capital by up to NOK 367,625,862. The authorisation is valid until the annual general meeting in 2018, however no longer than 30 June 2018. The amount represented approx. 10% of the company's share capital at the date of the ordinary general meeting.

The board proposes that the general meeting grants a new authorisation to increase the company's share capital by up to 10% of the company's current share capital. The purpose of the proposal is to simplify the procedure in connection with capital increases to fulfil the company's obligations under its share option scheme for senior executives, to finance further growth and/or the offering of shares to finance acquisitions or as consideration in acquisitions where this is deemed a favourable form of settlement to the company.

To obtain flexibility, the board proposes that the authorisation includes the right to set aside the shareholders' pre-emptive rights.

The board thus proposes the following resolution:

"The board of directors is authorised under section 10-14 (1) of the Public Limited Companies Act to increase the company's share capital by up to NOK 367,625,833. Subject to this amount limitation, the authorisation may be used on more than one occasion.

The pre-emptive rights of the shareholders under the Public Limited Companies Act section 10-4 may be set aside.

The authorisation covers capital increases against cash and non-cash contributions. The authorisation covers the right to impose special obligations on the company as provided in section 10-2 of the Public

Limited Companies Act. The authorisation covers resolutions on mergers as provided in section 13-5 of the Public Limited Companies Act. If the contribution is to be made by a transfer of non-cash assets to the company, the board may decide that such assets are transferred to a subsidiary subject to a corresponding settlement taking place between the subsidiary and the company.

The authorisation is valid until the ordinary general meeting in 2019, however no longer than 30 June 2019."

15. Authorisation to the board to issue convertible bonds

At the ordinary general meeting in 2017, the board was authorised to issue convertible bonds with a total principal amount of NOK 3,200,000,000. Upon conversion the company's share capital can be increased by up to NOK 367,625,862. The authorisation is valid until the annual general meeting in 2018, however no longer than 30 June 2018.

The board proposes that the general meeting grants the board an authorisation to issue convertible bonds to enable the company to use such financial instruments as part of its overall financing at short notice. It is proposed to limit the authorisation so that the number of shares that may be issued pursuant to the convertible bonds may not exceed 10% company's current share capital.

To obtain flexibility, the board proposes that the authorisation includes the right to set aside the shareholders' pre-emptive rights.

The board proposes the following resolution:

"The board of directors is authorised under section 11-8 of the Public Limited Companies Act to issue convertible bonds with a total principal amount of up to NOK 3,200,000,000. Subject to this total amount limitation, the authorisation may be used on more than one occasion.

Upon conversion of loans issued pursuant to this authorisation, the company's share capital may be increased by up to NOK 367,625,833.

The pre-emptive rights of the shareholders under section 11-4 cf. section 10-4 of the Public Limited Companies Act may be set aside.

The authorisation is valid until the ordinary general meeting in 2019, however no longer than 30 June 2019."

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Registration

Shareholders wishing to attend the general meeting are asked to inform the company thereof. Registration must be received by DNB Bank ASA Securities Services, no later than 29 May 2018 at 08:00 (CET). A registration form has been distributed to the shareholders.

Shareholders who do not wish to attend the general meeting in person have the right to be represented by proxy. If so, a written and dated proxy form must be received by DNB Bank ASA Securities Service no later than 29 May 2018 at 08:00 (CET). A proxy form, with instructions on how to use it, has been distributed to the shareholders. Identity papers of both the proxy and the shareholder, and a company certificate if the shareholder is a legal entity, must be enclosed to the proxy form.

Both the registration form and the proxy form may be sent electronically through the company's website www.marineharvest.com or through VPS Investor Services. To get access to electronic registration or to submit a proxy form through the company's website, a pin code and a reference number must be stated. Alternatively, the forms may be sent by email to genf@dnb.no or by ordinary mail to DNB Bank ASA Securities Services, P.O. Box 1600 Sentrum, 0021 Oslo, Norway.

A shareholder who cannot attend the general meeting may prior to the general meeting cast a vote on each agenda item via www.marineharvest.com and VPS Investor Services. The deadline for prior voting is 29 May

2018 at 08:00 hours (CET). Until the deadline, votes already cast may be changed or withdrawn. Votes already cast prior to the general meeting will be considered withdrawn if the shareholder attends the general meeting in person or by proxy.

A shareholder is entitled to vote in proportion to the number of shares the shareholder owns. The number of shares registered in the name of the shareholder in the company's shareholders' register in the Central Securities Depository (VPS) at the time of the general meeting is adequate documentation for the shareholding. If the shareholder has acquired shares shortly before the general meeting, the voting right cannot be exercised unless the acquisition has been registered in VPS or the acquisition has been reported to VPS and is duly documented at the general meeting.

Neither the beneficial shareholder nor a nominee is entitled to vote for shares that are registered at a VPS account belonging to a nominee, cf. section 4-10 of the Public Limited Companies Act. In order to vote for shares held through a nominee, such shares must be re-registered from the nominee to the beneficial shareholder before the date of the general meeting. Shares that are still registered on a nominee's account at the date of the general meeting will not carry any voting rights.

Marine Harvest ASA is a Norwegian public limited liability company governed by Norwegian law, including the Public Limited Companies Act and the Securities Trading Act. As of the date of this notice, the company has issued 490,167,777 shares, each of which carries one vote. The shares also carry equal rights in all other respects. As of the date of this notice, the company does not hold any own shares.

A shareholder may have items included on the agenda of the general meeting, provided that each such item is forwarded in writing to the board of directors, together with a draft resolution or arguments why the item should be included, no later than 7 days prior to the deadline for submitting a notice to the general meeting expire.

A shareholder may bring an advisor to the general meeting and let one advisor speak on its behalf.

A shareholder may require that board members and the managing director provide available information which may influence the assessment of (i) the financial statements and the annual report, (ii) the items submitted for the shareholders' voting, (iii) the company's financial situation, including any business activities the company conducts in other companies, and (iv) other matters to be discussed by the general meeting, unless the required information cannot be provided without causing undue harm to the company

This notice and the documents referred to herein are available on the company's website www.marineharvest.com.

The nomination committee's proposal is enclosed to the notice, which will be sent to the shareholders by ordinary mail. This document and the other documents referred to in the notice are available on the company's website www.marineharvest.com and will be sent free of charge by ordinary mail to the shareholders who so request. If a shareholder wishes to receive the documents, the company can be contacted by telephone on +47 21 56 20 07, or by email to ingrid.jaeger@marineharvest.com.

Bergen, 8 May 2018

for the board of directors in Marine Harvest ASA

Ole-Eirik Lerøy
Chairman

**MARINE HARVEST ASA
RECOMMENDATION FROM THE NOMINATION COMMITTEE
TO THE 2018 ANNUAL GENERAL MEETING**

During the election period 2017/2018 the nomination committee (the "Nomination Committee") of Marine Harvest ASA (the "Company") has consisted of:

Robin Bakken, Chair
Merete Haugli
Nils Bastiansen

Information on the Nomination Committee's mandate is available on the Company's website.

The Nomination Committee is of the view that the board should have a diversified composition covering all relevant areas of competence, including in-depth business knowledge, finance, accounting, industry, engineering, accounting, branding, sales, marketing and international experience.

Since the 2017 annual general meeting, the Nomination Committee has held physical meetings, and members of the Committee has met with and consulted the Chairman of the board, the Company's management and largest shareholders. The Committee has been updated on the Company's business, strategy and organisation, and based on this evaluated the board's qualifications, experience and any necessary or desired additional competences or resources.

The Nomination Committee's recommendation is:

The Board of Directors

For the period 2017-2018, the Company's board has comprised the following shareholder elected members:

Ole-Eirik Lerøy, Chairperson
Lisbet K. Nærø, Deputy Chairperson
Cecilie Fredriksen
Ørjan Svanevik*
Paul Mulligan
Jean-Pierre Bienfait
Birgitte Ringstad Vartdal

* Mr. Svanevik was replaced by Kristian Melhuus in an extraordinary general meeting held 15 January 2018.

The terms for Cecilie Fredriksen, Paul Mulligan, Jean-Pierre Bienfait and Birgitte Ringstad Vartdal expires at the 2018 annual general meeting.

At the 2016 annual general meeting, three new members were elected to the Company's board with the aim of, among other things, further strengthen the board's competence within branding, marketing and international experience. The Nomination Committee is of the view that this has been successful, and recommends that the Company's board continues with the same composition as it has today. Accordingly, it is recommended that Cecilie Fredriksen, Paul Mulligan, Jean-Pierre Bienfait and Birgitte Ringstad Vartdal are re-elected as board members for a new term.

Based on the Nomination Committee's recommendation, the shareholder elected members of the Company's board will be:

Ole-Eirik Lerøy, Chairperson
Lisbet K. Nærø, Deputy Chairperson
Birgitte Ringstad Vartdal
Cecilie Fredriksen
Kristian Melhuus
Jean-Pierre Bienfait
Paul Mulligan

Board remuneration

Remuneration for the period 2018-2019

The Nomination Committee has reviewed the board's current remuneration level and structure. The committee is of the view that directors on the board of the company should be encouraged to invest in shares in the Company, which is also in line with the Norwegian Corporate Governance Code. It is therefore the committee's recommendation that the remuneration to the shareholder elected members of the board of directors is increased with NOK 100 000, and that the directors are encouraged to use the increase amount, net of any tax, to invest in shares in the Company. This will also bring their total remuneration to a level that in the committees' view reflects their responsibilities, competence, work-load and the complexity of the Company's business. The employee-elected members of the board would normally be entitled to participate in incentive arrangements for employees, and the increase is therefore not proposed to apply for these members.

Based on this, the Nomination Committee recommends the following remuneration to the members of the board of directors for the period 2018-2019:

Ole-Eirik Lerøy, Chair	NOK 1 200 000
Lisbet K. Nærø, Deputy Chair	NOK 675 000
Birgitte Ringstad Vartdal	NOK 500 000
Cecilie Fredriksen	NOK 500 000
Kristian Melhuus	NOK 500 000
Jean-Pierre Bienfait	NOK 500 000
Paul Mulligan	USD 150 000 + NOK 100 000
Employee representatives	NOK 400 000 each

The shareholder elected members of the board should during the election period use at least NOK 100 000 of their respective remuneration, less any income tax payable on such amount, to acquire shares in the Company.

The Nomination Committee recommends that members of the Company's Audit Committee are compensated as follows for the period 2018-2019:

Chair	NOK 150 000
Member	NOK 100 000

Remuneration to the Nomination Committee

The Nomination Committee proposes the following remuneration to its members for the period 2017-2018:

Chair	NOK 100 000
Member	NOK 35 000

Oslo, 8 May 2018

On behalf of the Nomination Committee of Marine Harvest ASA

Robin Bakken (sign.)



Ref no:

PIN code:

Notice of Annual General Meeting

An Annual General Meeting of Marine Harvest ASA will be held on 30 May 2018 at 13:00 CET at Sandviksbodene 77A/B, 5035 Bergen, Norway

The company accepts votes in advance for the Annual General Meeting. Registration Deadline for advance votes: 29 May 2018 at 08:00 CET.

Advance votes may only be executed electronically, through the Company's website www.marineharvest.com or via VPS Investor Services.

Notice of attendance

The Undersigned will attend the Annual General Meeting on the 30 May 2018 and cast votes for:

_____ own shares.

Notice of attendance should be registered electronically through the Company's website www.marineharvest.com or via VPS Investor Services.

To access the electronic system for notification of attendance through the Company's website, the above mentioned reference number and PIN code must be stated. Shareholders who have chosen electronic communication will not receive PIN and reference numbers, and can only give notice through VPS Investor services.

Notice of attendance may also be sent by E-mail to genf@dnb.no, or by regular Mail to DNB Bank ASA, Registrars Department, P.O.Box 1600 Centrum, 0021 Oslo, Norway. The notice of attendance must be received no later than 29 May 2018 at 8:00 (CET).

If the shareholder is a Company, please state the name of the individual who will be representing the Company: _____

Place	Date	Shareholder's signature
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Proxy without voting instructions for Annual General Meeting of Marine Harvest ASA

If you are unable to attend the meeting, you may grant proxy to another individual.

Ref no:

PIN code:

Proxy should be submitted electronically through the Company's website www.marineharvest.com or via VPS Investor Services. To access the electronic system for granting proxy through the Company's website, the above mentioned reference number and PIN code must be stated. Shareholders who have elected electronic communication will not receive PIN and reference numbers, and can only give proxy via VPS Investor services. Proxy may also be sent by E-mail to genf@dnb.no (scanned form) or by regular Mail to DNB Bank ASA, Registrars' Department, P.O.Box 1600 Centrum, 0021 Oslo, Norway.

If you send the proxy without naming the proxy holder, the proxy will be given to the Chair of the Board of Directors or an individual authorised by him or her.

This proxy must be received no later than 29 May 2018 at 8:00 (CET).

The undersigned: _____
hereby grants (tick one of the two)

☐ the Chair of the Board of Directors (or a person authorised by him or her), or

☐ _____
(Name of proxy holder in capital letters)

proxy to attend and vote for my/our shares at the Annual General Meeting of Marine Harvest ASA on 30 May 2018.

Place	Date	Shareholder's signature (Only for granting proxy)
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With regards to your right to attend and vote, reference is made to the Norwegian Public Limited Liability Companies Act, in particular Chapter 5. If the shareholder is a Company, the Company's Certificate of Registration must be attached to the proxy.

Proxy with voting instructions

If you are unable to attend the Annual General Meeting in person, you may use this proxy form to give voting instructions.

Proxies with voting instructions can only be registered by DNB, and must be sent to genf@dnb.no (scanned form) or by regular Mail to DNB Bank ASA, Registrars' Department, P.O.Box 1600 Centrum, 0021 Oslo, Norway.

The form must be received by DNB Bank ASA, Registrars' Department no later than 29 May 2018 at 8:00 (CET).

Proxies with voting instructions must be dated and signed in order to be valid.

If you leave the "Name of the proxy holder" blank, the proxy will be given to the Chair of the Board of Directors, or an individual authorised by him or her.

The undersigned: _____

Ref no:

hereby grants (tick one of the two)

☐ the Chair of the Board of Directors (or a person authorised by him or her), or

☐ _____
Name of proxy holder (in capital letters)

proxy to attend and vote for my/our shares at the Annual General Meeting of Marine Harvest on 30 May 2018.

The votes shall be exercised in accordance to the instructions below. If the sections for voting are left blank, this will be counted as an instruction to vote in accordance with the Board's and Nomination Committee's recommendations. However, if any motions are made from the attendees in addition to or in replacement of the proposals in the Notice, the proxy holder may vote at his or her discretion. If there is any doubt as to how the instructions should be understood, the proxy holder may abstain from voting.

Agenda for the Annual General Meeting 2018	For	Against	Abstention
1. Election of a chairperson and a person to countersign the minutes together with the chairperson	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Approval of the notice and the proposed agenda	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Briefing on the business	No voting	No voting	No voting
4. Approval of the financial statements and the board of directors' report for 2017 for Marine Harvest ASA and the Marine Harvest group, including allocation of the result of the year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. The board's statement regarding corporate governance	No voting	No voting	No voting
6. The board's statement regarding the remuneration of senior executives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Approval of the guidelines for allocation of options	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Determination of the remuneration of the board members	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Determination of the remuneration of the members of the nomination committee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Determination of the remuneration of the company's auditor for 2017	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Election of new board of directors			
a) Cecilie Fredriksen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Birgitte Ringstad Vartdal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Paul Mulligan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Jean-Pierre Bienfait	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Authorisation to the board to distribute dividends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Authorisation to the board to purchase the company's own shares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Authorisation to the board to issue new shares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Authorisation to the board to issue convertible bonds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Place

Date

Shareholder's signature (Only for granting proxy with voting instructions)

With regards to your right to attend and vote, reference is made to the Norwegian Public Limited Liability Companies Act, in particular Chapter 5. If the shareholder is a Company, the Company's Certificate of Registration must be attached to the proxy.