

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>MPC Capital AG</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>Closely associated person of, among others, chairman of the Board of Directors and primary insider in MPC Container Ship ASA, Ulf Holländer</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>MPC Container Ships ASA</i>				
b)	LEI	<i>213800MXS7CXYJ2Q1805</i>				
<b>4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares in MPC Container Ships ASA with ISIN NO 001 0791353</i>				
b)	Nature of the transaction	<i>Contribution in-kind (disposal/sale)</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th><b>Price(s)</b></th> <th><b>Volume(s)</b></th> </tr> </thead> <tbody> <tr> <td><i>2.20 EUR</i></td> <td><i>12,692,633</i></td> </tr> </tbody> </table>	<b>Price(s)</b>	<b>Volume(s)</b>	<i>2.20 EUR</i>	<i>12,692,633</i>
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<i>2.20 EUR</i>	<i>12,692,633</i>					
d)	Aggregated information — Aggregated volume — Price	<i>12,692,633 shares for a total of 27,923,793 EUR (payment in-kind)</i>				
e)	Date of the transaction	<i>2021-11-24</i>				
f)	Place of the transaction	<i>XOFF (outside a trading venue)</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Elbrock GmbH</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>Closely associated person of, among others, member of the Board of Directors and primary insider in MPC Container Ship ASA, Dr. Axel Schroeder</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3 Details of issuer</b>						
a)	Name	<i>MPC Container Ships ASA</i>				
b)	LEI	<i>213800MXS7CXYJ2Q1805</i>				
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<i>2.20 EUR</i>	<i>4,932,528</i>					
d)	Aggregated information — Aggregated volume — Price	<i>4,932,528 shares for a total of 10,851,562 EUR (payment in-kind)</i>				
e)	Date of the transaction	<i>2021-11-24</i>				
f)	Place of the transaction	<i>XOFF (outside a trading venue)</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>CSI Beteiligungsgesellschaft mbH</i>				
<b>2 Reason for the notification</b>						
a)	Position/status	<i>Closely associated person of, among others, member of the Board of Directors and primary insider in MPC Container Ship ASA, Dr. Axel Schroeder</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
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