

Panoro Energy (Oslo Ticker: PEN): Invitation to First Quarter 2019 conference call 23 May 2019

Panoro Energy's Q1 2019 report will be published on Thursday, 23 May 2019 and will be available on our website <http://www.panoroenergy.com> at 07:30 a.m. CET.

Panoro will hold a conference call at 09:00 a.m. CET on Thursday 23 May 2019, during which management will discuss Panoro's 2019 first quarter results. After conclusion of the discussion, participants invited to ask questions on the Q1 report.

Participants are requested to dial in five to ten minutes prior to the start time using the numbers and password below:

Local - Oslo, Norway	+47 21 563 318
Toll Free – Norway	800 19 457
Local – New York, USA	+1 212 999 6659
Toll Free – USA	+1 866 966 5335
Local – London, UK	+44 (0) 20 3003 2666
Toll Free – UK	0808 109 0700
Password:	Panoro

Participants dialling in from outside these countries may use the UK or USA number.

A replay of the audio will be available shortly after the call is finished and will remain on our website for approximately 7 days.

Enquiries

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About Panoro Energy

Panoro Energy ASA is an independent E&P company based in London and listed on the Oslo Stock Exchange with ticker PEN. The Company holds high quality production, exploration and development assets in Africa, namely the Dussafu License offshore southern Gabon, OML 113 offshore western Nigeria, and the TPS operated assets, Sfax Offshore Exploration Permit and Ras El Besh Concession, offshore Tunisia.

For more information visit the Company's website at www.panoroenergy.com.