



Director buys shares in Panoro Energy ASA

Oslo, 29 May 2020 - Panoro Energy ASA (the "Company" or "Panoro" with OSE Ticker: PEN) announces that Garrett Soden, Non-Executive Director of the Company, has on 28 May 2020 purchased 15,400 shares at NOK 9.45 each. After the transaction, Mr. Soden owns 25,408 shares in the Company.

This information is subject to the disclosure requirements pursuant to section 5 -12 and section 4-2 of the Norwegian Securities Trading Act.

Enquiries

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About Panoro Energy

Panoro Energy ASA is an independent E&P company based in London and listed on the Oslo Stock Exchange with ticker PEN. The Company holds high quality production, exploration and development assets in Africa, namely the Dussafu License offshore southern Gabon, OML 113 offshore western Nigeria and Sfax Offshore Exploration Permit and Ras El Besh Concession, offshore Tunisia. For more information, please visit the Company's website at www.panoroenergy.com.