



Panoro Energy to present at Pareto Securities' E&P Independents Conference London - 22 January 2020

Oslo, 21 January 2020 - Panoro Energy ASA (the "Company" with OSE Ticker: "PEN") is pleased to participate in the Pareto Securities' E&P Independents Conference to be held in London on 22 January 2020 where the Company's CEO, Mr. John Hamilton will make a presentation.

A copy of the updated corporate presentation will be made available during the course of the day on our website at www.panoroenergy.com.

Enquiries

Qazi Qadeer, Chief Financial Officer

Tel: +44 (0) 203 405 1060

Email: investors@panoroenergy.com

About Panoro Energy

Panoro Energy ASA is an independent E&P company based in London and listed on the Oslo Stock Exchange with ticker PEN. The Company holds high quality production, exploration and development assets in Africa, namely the Dussafu License offshore southern Gabon, OML 113 offshore western Nigeria, and the TPS operated assets, Sfax Offshore Exploration Permit and Ras El Besh Concession, offshore Tunisia. For more information, please visit the Company's website at www.panoroenergy.com.