

24 September 2020

PetroNor E&P Limited ("PetroNor" or the "Company")

PetroNor E&P Limited: Invitation to investor webcast 25 September 2020

Interactive Investor Event with Xtrainvestor

PetroNor (OSE ticker: "PNOR"), the independent oil and gas exploration and production company with a focus on production, development and exploration assets across sub-Saharan Africa, announces that it will host an interactive shareholder webinar with Xtrainvestor at 12:00 (Oslo) on Friday 25 September 2020.

The webinar will be hosted by PetroNor's CEO Knut Søvold and moderated by Trond Omdal of Pensum Group. The purpose of the webinar is to provide more details on the recent positive settlement with The Gambia, as well as provide a general overview of the Company's operational and financial performance.

Investors wishing to follow or participate in the event can subofmit questions for the live Q&A session through the following link: https://www.facebook.com/Xtrainvestor/posts/10159394485416495

The playback of the event will remain available on the same URL as well as be made available on YouTube and Xtrainvestor (https://www.xtrainvestor.com/)

For further information, please contact:

Knut Søvold, Chief Executive Officer Chris Butler, Group Financial Controller info@petronorep.com

Media Contacts: Buchanan

Ben Romney/Chris Judd Tel: +44 207 466 5000