1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Elisabeth Adina Dyvik				
2	Reason for the notification					
a)	Position/status	Member of the Board	of Directors of Proximar Sea	food AS		
b)	Initial notification /Amendment	Initial notification				
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auction platfo	rm, the auctioneer, or the		
a)	Business name	Proximar Seafood AS				
b)	LEI code	5493006J8UNWCDMA	AQW02			
4		ection to be repeated for i) each type of instrument ii) each type pf iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt of	f subscription rights			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)		
		NOK	0	91,114		
d)	Aggregated information					
	- Aggregated volume	91,114 subscription rights				
	- Aggregated price	NOK 0				
e)	Date of the transaction	2025-09-22				
f)	Place of the transaction	XOFF – Outside a trad	ling venue			

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Grieg Kapital AS					
2	Reason for the notification						
a)	Position/status		erprise (legal person) to the PE s of Proximar Seafood AS.	DMR, Per Grieg, Member of			
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auction platfo	rm, the auctioneer, or the			
a)	Business name	Proximar Seafood AS					
b)	LEI code	5493006J8UNWCDMA	AQW02				
4	Details of the transaction(s): So transaction, iii) each date, and	-	• •	• • •			
a)	Description of the financial instrument/type of instrument Identification code		Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt o	f subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)			
		NOK	0	14,089,225			
d)	Aggregated information - Aggregated volume - Aggregated price	14,089,225 subscription rights NOK 0					
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a trac	ling venue				

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Kvasshøgdi AS	Kvasshøgdi AS				
2	Reason for the notification	,					
a)	Position/status		nterprise (legal person) to ors of Proximar Seafood A		OMR, Per Grieg, Member of		
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances marl	cet participant, auction	platfo	rm, the auctioneer, or the		
a)	Business name	Proximar Seafood A	NS.				
b)	LEI code	5493006J8UNWCDI	MAQW02				
4		Section to be repeated for i) each type of instrument ii) each type pf d iv) each place where the transaction(s) have been conducted					
a)	Description of the financial instrument/type of instrument Identification code	AS (ISIN: NO001089	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt	of subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)		Volume(s)		
		NOK		0	6,948,529		
d)	Aggregated information - Aggregated volume - Aggregated price	6,948,529 subscription rights NOK 0					
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a tr	ading venue				

1	Details of the person dischargi	he person discharging managerial responsibilities/person closely associated					
a)	Name	Joachim WG AS	Joachim WG AS				
2	Reason for the notification	,					
a)	Position/status		rprise (legal person) to the PD of Proximar Seafood AS.	MR, Per Grieg, Member of			
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor						
a)	Business name	Proximar Seafood AS					
b)	LEI code	5493006J8UNWCDMA	QW02				
4	Details of the transaction(s): So transaction, iii) each date, and			•••			
a)	Description of the financial instrument/type of instrument Identification code		Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt of	subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)			
		NOK	0	283,624			
d)	Aggregated information - Aggregated volume - Aggregated price	283,624 subscription	rights				
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a trad	ing venue				

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Viggo Halseth	Viggo Halseth				
2	Reason for the notification						
a)	Position/status	Member of the Board	of Directors of Proximar Sea	food AS.			
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auction platfo	rm, the auctioneer, or the			
a)	Business name	Proximar Seafood AS					
b)	LEI code	5493006J8UNWCDMA	AQW02				
4	Details of the transaction(s): So transaction, iii) each date, and	•					
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058					
b)	Nature of the transaction	Acceptance/receipt of	f subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)			
		NOK	0	46,276			
d)	Aggregated information - Aggregated volume - Aggregated price	46,276 subscription rights NOK 0					
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a trad	ling venue				

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	VHAL AS	VHAL AS				
2	Reason for the notification						
a)	Position/status		nterprise (legal persor ard of directors of Pro				
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances mai	ket participant, auct	ion platfo	rm, the auctioneer, or the		
a)	Business name	Proximar Seafood	AS				
b)	LEI code	5493006J8UNWCD	MAQW02				
4		div) each place where the transaction(s) have been conducted					
a)	Description of the financial instrument/type of instrument Identification code	AS (ISIN: NO00108	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receip	t of subscription rights	5			
c)	Price(s) and volume(s)	Currency	Price(s)		Volume(s)		
		NOK		0	71,932		
d)	Aggregated information - Aggregated volume - Aggregated price	71,932 subscriptio	n rights				
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a t	rading venue		_		

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Loyden AS				
2	Reason for the notification					
a)	Position/status	Close associated enter of Proximar Seafood A	rprise (legal person) to the PD AS.	MR, Joachim Nielsen, CEO		
b)	Initial notification /Amendment	Initial notification				
3	Details of the issuer, an emissi auction monitor	on allowances market	participant, auction platfo	rm, the auctioneer, or the		
a)	Business name	Proximar Seafood AS				
b)	LEI code	5493006J8UNWCDMA	QW02			
4	Details of the transaction(s): So transaction, iii) each date, and					
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt of	subscription rights			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)		
		NOK	0	3,409,600		
d)	Aggregated information - Aggregated volume - Aggregated price	3,409,600 subscription rights NOK 0				
e)	Date of the transaction	2025-09-22				
f)	Place of the transaction	XOFF – Outside a tradi	XOFF – Outside a trading venue			

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Dharmarajan Rajeswa	Dharmarajan Rajeswaran			
2	Reason for the notification					
a)	Position/status	COO				
b)	Initial notification /Amendment	Initial notification				
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auction platfo	orm, the auctioneer, or the		
a)	Business name	Proximar Seafood AS				
b)	LEI code	5493006J8UNWCDMA	AQW02			
4		ection to be repeated for i) each type of instrument ii) each type pf iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058				
b)	Nature of the transaction	Acceptance/receipt of	f subscription rights			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)		
		NOK	0	58,505		
d)	Aggregated information - Aggregated volume - Aggregated price	58,505 subscription rights NOK 0				
e)	Date of the transaction	2025-09-22				
f)	Place of the transaction	XOFF – Outside a trac	ling venue			

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Lars Stigaard	Lars Stigaard				
2	Reason for the notification						
a)	Position/status	СТО					
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auctio	on platfo	rm, the auctioneer, or the		
a)	Business name	Proximar Seafood AS					
b)	LEI code	5493006J8UNWCDM	AQW02				
4			ection to be repeated for i) each type of instrument ii) each type pf iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058					
b)	Nature of the transaction	Acceptance/receipt o	f subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)		Volume(s)		
		NOK		0	201,411		
d)	Aggregated information - Aggregated volume - Aggregated price	201,411 subscription rights NOK 0					
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a trac	ling venue				

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Ole Christian Willums	Ole Christian Willumsen				
2	Reason for the notification						
a)	Position/status	CFO					
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, an emissi auction monitor	on allowances marke	t participant, auction platfo	orm, the auctioneer, or the			
a)	Business name	Proximar Seafood AS					
b)	LEI code	5493006J8UNWCDMA	AQW02				
4		•	ection to be repeated for i) each type of instrument ii) each type pf iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Financial instruments/subscription rights linked to shares in Proximar Seafood AS (ISIN: NO0010893902) ISIN: NO0013661058					
b)	Nature of the transaction	Acceptance/receipt of	f subscription rights				
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)			
		NOK	0	602,589			
d)	Aggregated information - Aggregated volume - Aggregated price	602,589 subscription rights NOK 0					
e)	Date of the transaction	2025-09-22					
f)	Place of the transaction	XOFF – Outside a trad	ling venue				