1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Grieg Kapital AS			
2	Reason for the notification				
a)	Position/status	Closely associated enterprise (legal person) to the PDMR, Per Grieg, Member of the board of directors of Proximar Seafood AS.			
b)	Initial notification /Amendment	Initial notification			
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor				
a)	Business name	Proximar Seafood AS			
b)	LEI code	5493006J8UNWCDMAQW02			
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Conversion of bonds (ISIN: NO0012733387) to shares in Proximar Seafood AS (ISIN: NO0010893902)			
b)	Nature of the transaction	Conversion of bonds to new shares in the company			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)	
		NOK	1	42,908,726	
d)	Aggregated information - Aggregated volume - Aggregated price	42,908,726 shares pursuant to the conversion from bonds NOK 42,908,726			
e)	Date of the transaction	2025-10-20			
f)	Place of the transaction	XOFF – Outside a trading venue			

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1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Kvasshøgdi AS			
2	Reason for the notification				
a)	Position/status	Closely associated enterprise (legal person) to the PDMR, Per Grieg, Member of the board of directors of Proximar Seafood AS.			
b)	Initial notification /Amendment	Initial notification	Initial notification		
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor				
a)	Business name	Proximar Seafood AS			
b)	LEI code	5493006J8UNWCDMAQW02			
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Conversion of bonds (ISIN: NO0012733387) to shares in Proximar Seafood AS (ISIN: NO0010893902)			
b)	Nature of the transaction	Conversion of bonds to new shares in the company			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)	
		NOK		1 15,509,178	
d)	Aggregated information - Aggregated volume - Aggregated price	15,509,178 shares pursuant to the conversion from bonds NOK 15,509,178			
e)	Date of the transaction	2025-10-20			
f)	Place of the transaction	XOFF – Outside a trad	ing venue		

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1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Joachim WG AS			
2	Reason for the notification				
a)	Position/status	Closely associated enterprise (legal person) to the PDMR, Per Grieg, Member of the board of directors of Proximar Seafood AS.			
b)	Initial notification /Amendment	Initial notification			
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor				
a)	Business name	Proximar Seafood AS			
b)	LEI code	5493006J8UNWCDMAQW02			
4		rails of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf resaction, iii) each date, and iv) each place where the transaction(s) have been conducted			
a)	Description of the financial instrument/type of instrument Identification code	Conversion of bonds (ISIN: NO0012733387) to shares in Proximar Seafood AS (ISIN: NO0010893902)			
b)	Nature of the transaction	Conversion of bonds to new shares in the company			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)	
		NOK	1	2,067,890	
d)	Aggregated information - Aggregated volume - Aggregated price	2,067,890 shares pursuant to the conversion from bonds NOK 2,067,890			
e)	Date of the transaction	2025-10-20			
f)	Place of the transaction	XOFF – Outside a trad	ing venue		

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5	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Orkan Konsult AS			
6	Reason for the notification				
a)	Position/status	Closely associated enterprise (legal person) to the PDMR, Kjell-Erik Østdahl, Chairperson of the board of directors of Proximar Seafood AS.			
b)	Initial notification /Amendment	Initial notification			
7	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor				
a)	Business name	Proximar Seafood AS			
b)	LEI code	5493006J8UNWCDMAQW02			
8	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted				
a)	Description of the financial instrument/type of instrument Identification code	Conversion of bonds (ISIN: NO0012733387) to shares in Proximar Seafood AS (ISIN: NO0010893902)			
b)	Nature of the transaction	Conversion of bonds to new shares in the company			
c)	Price(s) and volume(s)	Currency	Price(s)	Volume(s)	
		NOK	1	2,067,890	
d)	Aggregated information - Aggregated volume - Aggregated price	2,067,890 shares pursuant to the conversion from bonds NOK 2,067,890			
e)	Date of the transaction	2025-10-20			
f)	Place of the transaction	XOFF – Outside a trading venue			

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