1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Ørjan Jentoft		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	VP Joint operations		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (n; (iii) each date; and (iv) each pl		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchase of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 44,3173	811	

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d)	Aggregated information	N/A
	IIIIOIIIIatioii	
	<ul><li>— Aggregated</li></ul>	
	volume	
	— Price	
e)	Date of the	2022-06-07
	transaction	
f)	Place of the	Oslo Stock Exchange
	transaction	
g)	Additional	
	Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jan Inge Nesheim	
		N/A	
2	Reason for the noti	ification	
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	

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c)	Price(s) and volume(s)	Price(s) Volume(s)  NOK 44,3173 243	
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2022-06-07	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Ove Mikal Helle	
		N/A	
2	Reason for the not	fication	
a)	Position/status	VP Safety and Sustainability	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each	
	type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	

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c)	Price(s)	and		
	volume(s)		Price(s)	Volume(s)
			NOK 44,3173	607
d)	Aggregated information  — Aggregated volume  — Price	ıted	N/A	
e)	Date of transaction	the	2022-06-07	
f)	Place of transaction	the	Oslo Stock Exchange	
g)	Additional Information		Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jann Idar Dillern	
		N/A	
2	Reason for the not	ification	
a)	Position/status	Deputy employee representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	

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c)	Price(s)	and		
	volume(s)		Price(s)	Volume(s)
			NOK 44,3173	308
d)	Aggregated		N/A	
	information			
	<ul><li>Aggreg</li></ul>	ated		
	volume			
	— Price			
e)	Date of	the	he 2022-06-07	
	transaction			
f)	Place of	the	the Oslo Stock Exchange	
	transaction			
g)	Additional			
Information Purchase of shares under share saving		Purchase of shares under share saving	g programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a) Name Christine Vorland			
		N/A	
2	Reason for the noti	ification	
a)	Position/status	Deputy board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	

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c)	Price(s) and volume(s)	Price(s)         Volume(s)           NOK 44,3173         212	
d)	Aggregated information  — Aggregated volume  — Price	N/A	
e)	Date of the transaction	2022-06-07	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Laurits Hosar	
		N/A	
2	Reason for the not	ification	
a)	Position/status	Deputy board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each	
	type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	

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c)	Price(s) and		
	volume(s)	Price(s) Volu	ıme(s)
		NOK 44,3173 366	
1)			
d)	Aggregated	N/A	
	information		
	<ul><li>— Aggregated</li></ul>		
	volume		
	— Price		
e)	Date of the	2022-06-07	
	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction		
g)	Additional		
<u> </u>	Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Annethe Gjerde
		N/A
2	Reason for the not	ification
a)	Position/status	VP Contracts and procurement
b)	Initial Notification Amendment	Initial notification
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the tran	saction(s): section to be repeated for (i) each type of instrument; (ii) each
	type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772

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b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
	volume(s)		
		NOK 44,3173	606
d)	Aggregated information  — Aggregated volume	N/A	
	— Price		
e)	Date of the transaction	2022-06-07	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving p	programme

·		
1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Hege Susanne Blåsternes
		N/A
2	Reason for the noti	ification
a)	Position/status	Employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each place where transactions have been
	conducted	
a)	Description of	Shares with ISIN NO 001 1202772
	the financial	
	instrument,	
	type of	
	instrument	
	Identification	
	code	

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b)	Nature of the transaction	Purchases of shares
c)	Price(s) and volume(s)	Price(s) Volume(s)
		NOK 44,3173 438
d)	Aggregated information  — Aggregated volume  — Price	N/A
e)	Date of the transaction	2022-06-07
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Bjørn Nysted
		N/A
2	Reason for the noti	fication
a)	Position/status	Employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each place where transactions have been
	conducted	
a)	Description of	Shares with ISIN NO 001 1202772
	the financial	
	instrument,	
	type of	
	instrument	
	Identification	
	code	

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b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
	voiuille(s)	` '	volume(s)
		NOK 44,3173	445
d)	Aggregated	N/A	
	information		
	<ul><li>Aggregated</li></ul>		
	volume		
	— Price		
e)	Date of the	2022-06-07	
	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction	<u>-</u>	
g)	Additional		
	Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Lilli Sahlman Fagerdal
		N/A
2	Reason for the not	ification
a)	Position/status	Deputy employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been
a)	Description of the financial instrument, type of instrument	Shares with ISIN NO 001 1202772

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	Identification code	
b)	Nature of the transaction	Purchases of shares
c)	Price(s) and	
	volume(s)	Price(s) Volume(s)
		NOK 44,3173 257
d)	Aggregated	N/A
	information	
	<ul><li>Aggregated</li></ul>	
	volume	
	— Price	
e)	Date of the	2022-06-07
	transaction	
f)	Place of the	Oslo Stock Exchange
	transaction	
g)	Additional	
	Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Live Forsnes
		N/A
2	Reason for the noti	ification
a)	Position/status	Deputy employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been
a)	Description of the financial instrument, type of instrument	Shares with ISIN NO 001 1202772

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	Identification code	
b)	Nature of the transaction	Purchases of shares
c)	Price(s) and	
	volume(s)	Price(s) Volume(s)
		NOK 44,3173 389
d)	Aggregated	N/A
	information	
	<ul><li>— Aggregated</li></ul>	
	volume	
	— Price	
e)	Date of the	2022-06-07
	transaction	
f)	Place of the	Oslo Stock Exchange
	transaction	
g)	Additional	
	Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Carl Anders Olof Kjörling
		N/A
2	Reason for the not	ification
a)	Position/status	Deputy employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been
a)	Description of the financial instrument, type of instrument	Shares with ISIN NO 001 1202772

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	Identification code	
b)	Nature of the transaction	Purchases of shares
c)	Price(s) and	
	volume(s)	Price(s) Volume(s)
		NOK 44,3173 394
d)	Aggregated	N/A
	information	
	<ul><li>Aggregated</li></ul>	
	volume	
	— Price	
e)	Date of the	2022-06-07
	transaction	
f)	Place of the	Oslo Stock Exchange
	transaction	
g)	Additional	
	Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Trond Arvid Larsen		
		N/A		
2	Reason for the not	ification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument	Shares with ISIN NO 001 1202772		

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	Identification code			
b)	Nature of t transaction	the	Purchases of shares	
c)	Price(s) a	ınd		
	volume(s)		Price(s)	Volume(s)
			NOK 44,3173	212
d)	Aggregated		N/A	
	information			
	<ul><li>— Aggregat</li></ul>	ted		
	volume			
	— Price			
e)	Date of t	the	2022-06-07	
	transaction			
f)	Place of t	the	Oslo Stock Exchange	
	transaction			
g) Additional				
	Information		Purchase of shares under share saving p	rogramme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Finn Volrat Pettersen		
		N/A		
2	Reason for the noti	ification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument	Shares with ISIN NO 001 1202772		

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	Identification code			
b)	Nature of t transaction	the	Purchases of shares	
c)	Price(s) a	ınd		
	volume(s)		Price(s)	Volume(s)
			NOK 44,3173	230
d)	Aggregated		N/A	
	information			
	— Aggregat	ted		
	volume			
	— Price			
e)	Date of t	the	2022-06-07	
	transaction			
f)	Place of t	the	Oslo Stock Exchange	
	transaction			
g)	Additional			
	Information		Purchase of shares under share saving p	programme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Veronica Orvedal-Kiil		
		N/A		
2	Reason for the noti	ification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each		
	type of transactio	n; (iii) each date; and (iv) each place where transactions have been		
	conducted			
a)	Description of	Shares with ISIN NO 001 1202772		
	the financial			
	instrument,			
	type of			
	instrument			

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	Identification code		
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s) Volume(s)	
		NOK 44,3173 268	
d)	Aggregated	N/A	
	information		
	<ul><li>Aggregated</li></ul>		
	volume		
	— Price		
e)	Date of the	2022-06-07	
	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction		
g)	Additional		
Information Purchase of shares under share saving programme		Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Martha Skjæveland		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each		
	type of transaction; (iii) each date; and (iv) each place where transactions have beer			
	conducted			
a)	Description of the financial instrument,	Shares with ISIN NO 001 1202772		
	type of			

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) volume(s)	and	Price(s)  NOK 44,3173	Volume(s)	
d)	Aggregated information  — Aggregated volume  — Price	ated	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under sha	re saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Aksel Luhr		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Legal Counsel		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of	Shares with ISIN NO 001 1202772		

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) volume(s)	and	Price(s)  NOK 44,3173	Volume(s) 603	
d)	Aggregated information  — Aggregated volume  — Price	ated	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under sho	ire saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Charlotte Vedø Saunders		
		N/A		
2	Reason for the not	ification		
a)	Position/status	VP Corporate services		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of	Shares with ISIN NO 001 1202772		

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) avolume(s)	and	Price(s)  NOK 44,3173	Volume(s) 607	
d)	Aggregated information  — Aggregated volume  — Price	ıted	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under share	e saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Tor Bustrak Tangvald			
		N/A			
2	Reason for the not	fication			
a)	Position/status	VP Internal Audit			
b)	Initial Notification Amendment	Initial notification			
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or			
a)	Name	Vår Energi ASA			
b)	LEI	549300LIVN3FFOJN2K47			
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been			
a)	Description of the financial instrument, type of	Shares with ISIN NO 001 1202772			

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) volume(s)	and	Price(s)  NOK 44,3173	Volume(s) 662	
d)	Aggregated information  — Aggregated volume  — Price	ated	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under sho	re saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Ove André Årdal		
		N/A		
2	Reason for the not	ification		
a)	Position/status	VP Commercial		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of	Shares with ISIN NO 001 1202772		

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) volume(s)	and	Price(s)  NOK 44,3173	Volume(s) 632	
d)	Aggregated information — Aggregated volume — Price	ated	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under sha	re saving programme	

Details of the person discharging managerial responsibilities/person closely associated			
Name	Bjørn Thore Synsvoll Ribesen		
	N/A		
Reason for the noti	fication		
Position/status	VP Field development and projects		
Initial Notification Amendment	Initial notification		
Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
Name	Vår Energi ASA		
LEI	549300LIVN3FFOJN2K47		
Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each		
7.7	n; (iii) each date; and (iv) each place where transactions have been		
conducted			
-	Shares with ISIN NO 001 1202772		
type of			
	Reason for the notice Position/status Initial Notification Amendment Details of the issue auction monitor Name  LEI Details of the transtype of transaction conducted Description of the financial instrument,		

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	instrument Identification code	1			
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s)	and			
	volume(s)		Price(s)	Volume(s)	
			NOK 44,3173	869	
d)	Aggregated information  — Aggreg volume  — Price		N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under sha	re saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Torger Rød			
		N/A			
2	Reason for the not	fication			
a)	Position/status	CEO			
b)	Initial Notification Amendment	Initial notification			
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or			
a)	Name	Vår Energi ASA			
b)	LEI	549300LIVN3FFOJN2K47			
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of	Shares with ISIN NO 001 1202772			

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s) volume(s)	and	Price(s)  NOK 44,3173	Volume(s) 1833	
d)	Aggregated information  — Aggregated volume  — Price	ated	N/A		
e)	Date of transaction	the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under share saving programme		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Tone Rognstad		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	VP People and organisation		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each		
	· ·	n; (iii) each date; and (iv) each place where transactions have been		
	conducted			
a)	Description of	Shares with ISIN NO 001 1202772		
	the financial instrument,			
	type of			
L	11			

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	instrument Identification code				
b)	Nature of transaction	the	Purchases of shares		
c)	Price(s)	and			
	volume(s)		Price(s)	Volume(s)	
			NOK 44,3173	648	
d)	Aggregated information — Aggrega	ated	N/A		
	— Price				
e)		the	2022-06-07		
f)	Place of transaction	the	Oslo Stock Exchange		
g)	Additional Information		Purchase of shares under share s	saving programme	

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