1	Details of the person discharging managerial responsibilities/person closely associated				
a)	a) Name Ellen W. Hoddell				
		N/A			
2	Reason for the not	eason for the notification			
a)	Position/status	SVP Safety and sustainability			
b)	Initial Notification Amendment	Initial notification			
3	Details of the issue auction monitor	ails of the issuer, emission allowance market participant, auction platform, auctioneer or			
a)	Name	Vår Energi ASA			
b)	LEI	549300LIVN3FFOJN2K47			
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been			
a)	Description of the financial instrument, type of instrument Identification code				
b)	Nature of the transaction	Purchase of shares			
c)	Price(s) and volume(s)	Price(s)	Volume(s)		
		NOK 34,3369	8063		
d)	Aggregated information	N/A			

	— Aggregatedvolume— Price	
e)	Date of the transaction	2022-12-07
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Purchase of shares under share saving programme and Long term incentive programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Tor Tangvald	
		N/A	
2	Reason for the notification		
a)	Position/status	Acting head of Technology, Drilling and Subsurface	
b)	Initial Notification	Initial notification	
	Amendment		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for (i) each type of instrument; (ii) each	
	type of transaction; (iii) each date; and (iv) each place where transactions he conducted		
a)	Description of	Shares with ISIN NO 001 1202772	
	the financial		
	instrument,		
	type of		
	instrument		
	Identification		
	code		
b)	Nature of the	Purchase of shares	
<u> </u>	transaction		

c)	Price(s) and	rice(s) and	
	volume(s)	Price(s)	Volume(s)
		NOK 34,3369	856
٦١	Λ σστοσε τ ο d	N/A	
d)	Aggregated information	N/A	
	Aggregated		
	volume		
	— Price		
e)	Date of the	2022-12-07	
	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction		
g)	Additional	Durchage of shares under share source	aa nyoayamma
L	Information	Purchase of shares under share savin	у ргодгатте