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1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Point Resources Holding AS		
2	Reason for the noti	ne notification		
a)	Position/status	A company closely associated with board member and primary insider Ove Gusevik		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Sale of shares pursuant to greenshoe Re-delivery of shares pursuant to greenshoe option		
c)	Price(s) and	and		
	volume(s)		Volume(s)	
			2,167,170 (Share sale) 18,457,830 (Re-delivery of shares)	

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d)	Aggregated information — Aggregated volume — Price	20,625,000 Shares (sale +re-delivery of shares)	
e)	Date of the transaction	2022-03-17, at 16.30, CET.	
f)	Place of the transaction	Outside a trading venue	
g)	Additional Information		