

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Point Resources Holding AS					
2	Reason for the notification						
a)	Position/status	Close associate to board member and primary insider Ove Gusevik.					
b)	Initial Notification / Amendment	Initial					
3	Details of the issuer						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJN2K47					
4	Details of the transaction:						
a)	Description of the financial instrument, type of instrument Identification code	Shares in Vår Energi ASA, with ISIN NO0011202772					
b)	Nature of the transaction	Sale of shares in a market block sale.					
c)	Price(s) and volume(s)	<table><tr><td>Price</td><td>Volume(s)</td></tr><tr><td>NOK 29</td><td>157,273,594</td></tr></table>		Price	Volume(s)	NOK 29	157,273,594
Price	Volume(s)						
NOK 29	157,273,594						
d)	Aggregated information — Aggregated volume — Price	<table><tr><td>Price</td><td>Volume(s)</td></tr><tr><td>4,560,934,226</td><td>157,273,594</td></tr></table>		Price	Volume(s)	4,560,934,226	157,273,594
Price	Volume(s)						
4,560,934,226	157,273,594						
e)	Date of the transaction	2023-09-22					
f)	Place of the transaction	Oslo Børs (XOSL)					