VÅR ENERGI ASA: MANDATORY NOTIFICATIONS OF TRADE

1	Details of the primary insider / person closely associated		
a)	Name	Point Resources Holding AS (under liquidation)	
2	Reason for the notification		
a)	Position/status	Close associate to Ove Gusevik, board member in Vår Energi ASA	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FF0JN2K47	
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares ISIN: NO0011202772	
b)	Nature of the transaction	Distribution of shares as liquidation dividend	
c)	Price(s) and volume(s)	Price(s) in NOK Volume(s) 0 359,459,678	
d)	Aggregated information - Aggregated volume	359,459,678	
	- Price	0	
e)	Date of the transaction	2023-10-31	
f)	Place of the transaction	Outside a trading venue (XOFF)	

1	Details of the primary insider / person closely associated			
a)	Name	SpringPoint Holding II AS		
2	Reason for the notifica	Reason for the notification		
a)	Position/status	Close associate to Ove Gusevik, board member in Vår Energi ASA		
b)	Initial notification /Amendment	Initial notification		
3	Details of the issuer			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FF0JN2K47		
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares ISIN: NO0011202772		
b)	Nature of the transaction	Receipt of shares as liquidation dividend		
c)	Price(s) and volume(s)	Price(s) in NOK Volume(s) 0 359,459,678		
d)	Aggregated information - Aggregated volume	359,459,678		
	- Price	0		
e)	Date of the transaction	2023-10-31		
f)	Place of the transaction	Outside a trading venue (XOFF)		

1	Details of the primary insider / person closely associated			
a)	Name	SpringPoint Holding II AS		
2	Reason for the notification			
a)	Position/status	Close associate to Ove Gusevik, board member in Vår Energi ASA		
b)	Initial notification /Amendment	Initial notification		
3	Details of the issuer	Details of the issuer		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares ISIN: NO0011202772		
b)	Nature of the transaction	Pledge		
c)	Price(s) and volume(s)	Price(s) in NOK Volume(s) N/A 358,924,932		
d)	Aggregated information - Aggregated volume - Price	358,924,932 shares of which 30,533,219 shares will be released in as part of the transfer of shares from SpringPoint Holding II AS to minority investors as notified in the substantial shareholding disclosure N/A		
e)	Date of the transaction	2023-10-31		
f)	Place of the transaction	Outside a trading venue (XOFF)		

1	Details of the primary insider / person closely associated			
a)	Name	SpringPoint Holding II AS		
2	Reason for the notifica	Reason for the notification		
a)	Position/status	Close associate to Ove Gusevik, board member in Vår Energi ASA		
b)	Initial notification /Amendment	Initial notification		
3	Details of the issuer	Details of the issuer		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FF0JN2K47		
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument and identification code	Ordinary shares ISIN: NO0011202772		
b)	Nature of the transaction	Distribution of shares as liquidation dividend		
c)	Price(s) and volume(s)	Price(s) in NOK Volume(s) 0 31,067,965		
d)	Aggregated information - Aggregated volume	31,067,965		
	- Price	0		
e)	Date of the transaction	2023-10-31		
f)	Place of the transaction	Outside a trading venue (XOFF)		