

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ellen Waldeleand Hoddell</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>SVP Safety & Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 34.4821</i></td> <td><i>756</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>756</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>756</i>					

d)	Aggregated information — Aggregated volume — Price	N/A
e)	Date of the transaction	2024-03-06
f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Allocation of shares</i>

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Jan Inge Nesheim</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>
b)	Nature of the transaction	<i>Purchases of shares</i>

c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td><td>Volume(s)</td></tr> <tr> <td>NOK 34.4821</td><td>318</td></tr> </table>	Price(s)	Volume(s)	NOK 34.4821	318
Price(s)	Volume(s)					
NOK 34.4821	318					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2024-03-06				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Jann Idar Dillern Johansen</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 0011202772</i>
b)	Nature of the transaction	<i>Purchases of shares</i>

c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td><td>Volume(s)</td></tr> <tr> <td>NOK 34.4821</td><td>436</td></tr> </table>	Price(s)	Volume(s)	NOK 34.4821	436
Price(s)	Volume(s)					
NOK 34.4821	436					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2024-03-06				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Laurits Hosar</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>

b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		<i>NOK 34.4821</i>	<i>534</i>
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>	
e)	Date of the transaction	<i>2024-03-06</i>	
f)	Place of the transaction	<i>Oslo Stock Exchange</i>	
g)	Additional Information	<i>Purchase of shares under share saving programme</i>	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Hege Susanne Blåsternes</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	<i>Shares with ISIN NO 001 1202772</i>

	Identification code					
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td><i>NOK 34.4821</i></td><td><i>781</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>781</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>781</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Bjørn Nysted</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	<i>Shares with ISIN NO 001 1202772</i>

	Identification code					
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td><i>NOK 34.4821</i></td> <td><i>671</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>671</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>671</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Lilli Sahlman Fagerdal</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code					
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 34.4821</i></td> <td><i>406</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>406</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>406</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Live Fornes</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code					
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 34.4821</i></td> <td><i>557</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>557</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>557</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Carl Anders Olof Kjörling</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
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a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code					
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 34.4821</i></td> <td><i>575</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>575</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>575</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Finn Volrat Pettersen</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
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a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td><i>NOK 34.4821</i></td> <td><i>301</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>301</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>301</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Veronica Orvedal-Kiil</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	

a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 34.4821</i></td> <td><i>518</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>518</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>518</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Martha Skjæveland</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 0011202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>298</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Aksel Luhr</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Legal Counsel</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th><th>Volume(s)</th></tr> </thead> <tbody> <tr> <td><i>NOK 34.4821</i></td><td><i>846</i></td></tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>846</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>846</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Torger Rød</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>CEO</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 34.4821</i></td><td><i>2681</i></td></tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>2681</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>2681</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Tone Rognstad</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>SVP People and organisation</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>949</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Nicholas John Robert Walker</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>CEO</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>3448</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Stefano Pujatti</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>CFO</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 34.4821</i></td> <td><i>1450</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 34.4821</i>	<i>1450</i>
Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>1450</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Trond Arvid Larsen</i> <i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 34.4821</i>	<i>301</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2024-03-06</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				