

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ellen Waldeland Hoddell</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>SVP Safety &amp; Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 36.3278</i></td> <td><i>9 893</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 36.3278</i>	<i>9 893</i>
Price(s)	Volume(s)					
<i>NOK 36.3278</i>	<i>9 893</i>					

d)	Aggregated information — Aggregated volume — Price	N/A
e)	Date of the transaction	2024-04-24
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Purchase of shares under Long Term Incentive programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Sverre Brimsøe Bjelland	
		N/A	
2	Reason for the notification		
a)	Position/status	Legal Counsel	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 36.3278	16 399

d)	Aggregated information — Aggregated volume — Price	N/A
e)	Date of the transaction	2024-04-24
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Purchase of shares under Long Term Incentive programme

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Torger Rød
		N/A
2	Reason for the notification	
a)	Position/status	COO
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
b)	Nature of the transaction	Purchases of shares

c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 36.3278	36 534
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-04-24	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under Long Term Incentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Tone Rognstad
		N/A
2	Reason for the notification	
a)	Position/status	SVP People and organisation
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
b)	Nature of the transaction	Purchases of shares

c)	Price(s) and volume(s)	Price(s)	Volume(s)
		NOK 36.3278	11 488
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-04-24	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under Long Term Incentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Nicholas John Robert Walker
		N/A
2	Reason for the notification	
a)	Position/status	CEO
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
b)	Nature of the transaction	Purchases of shares

c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 36.3278	251 213
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-04-24	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under Long Term Incentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Stefano Pujatti
		N/A
2	Reason for the notification	
a)	Position/status	CFO
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
b)	Nature of the transaction	Purchases of shares

c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 36.3278	26 532
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-04-24	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under Long Term Incentive programme	

Details of the person discharging managerial responsibilities/person closely associated	
Name	Hege Susanne Blåsternes
	N/A
Reason for the notification	
Position/status	VP Subsurface
Initial Notification Amendment	Initial notification
Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
Name	Vår Energi ASA
LEI	549300LIVN3FFOJN2K47
Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
Nature of the transaction	Purchases of shares

Price(s) and volume(s)		
	Price(s)	Volume(s)
	NOK 36.3278	10 225
Aggregated information — Aggregated volume — Price	N/A	
Date of the transaction	2024-04-24	
Place of the transaction	Oslo Stock Exchange	
Additional Information	Purchase of shares under Long Term Incentive programme	