1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Torger Rød		
		N/A		
2	Reason for the notification			
a)	Position/status	COO		
ь)	Initial Notification Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchase of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 34.63	10000	

d)	Aggregated		N/A
	information		
	— Aggregated		
	volume		
	— Price		
e)	Date of	the	2024-08-22
	transaction		
f)	Place of	the	Oslo Stock Exchange
	transaction		
g)	Additional		
	Information		