

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ellen Waldeland Hoddell</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>SVP Safety & Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 0</i></td> <td><i>2638</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 0</i>	<i>2638</i>
Price(s)	Volume(s)					
<i>NOK 0</i>	<i>2638</i>					

d)	Aggregated information — Aggregated volume — Price	N/A
e)	Date of the transaction	2024-02-21
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Allocation of bonus shares following IPO 2022

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Jan Inge Nesheim
		N/A
2	Reason for the notification	
a)	Position/status	Employee board representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772
b)	Nature of the transaction	Purchases of shares.

c)	Price(s) and volume(s)	Price(s)	Volume(s)
		NOK o	1549
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-02-21	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares following IPO 2022	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Jann Idar Dillern
		N/A
2	Reason for the notification	
a)	Position/status	Deputy employee representative
b)	Initial Notification Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Vår Energi ASA
b)	LEI	549300LIVN3FFOJN2K47
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772

b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK o	2441
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2024-02-21	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares following IPO 2022	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Christine Vorland</i>
		N/A
2	Reason for the notification	
a)	Position/status	<i>Deputy board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>

b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		<i>NOK o</i>	<i>1344</i>
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>	
e)	Date of the transaction	<i>2024-02-21</i>	
f)	Place of the transaction	<i>Oslo Stock Exchange</i>	
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Laurits Hosar</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>

b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		<i>NOK o</i>	<i>2322</i>
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>	
e)	Date of the transaction	<i>2024-02-21</i>	
f)	Place of the transaction	<i>Oslo Stock Exchange</i>	
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Hege Susanne Blåsternes</i>
		N/A
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code						
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK o</i></td><td><i>2778</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK o</i>	<i>2778</i>
Price(s)	Volume(s)						
<i>NOK o</i>	<i>2778</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2024-02-21</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Bjørn Nysted</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code						
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK o</i></td><td><i>2159</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK o</i>	<i>2159</i>
Price(s)	Volume(s)						
<i>NOK o</i>	<i>2159</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2024-02-21</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Lilli Sahlman Fagerdal</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument,	<i>Shares with ISIN NO 001 1202772</i>

	type of instrument Identification code						
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 0</i></td><td><i>1630</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK 0</i>	<i>1630</i>
Price(s)	Volume(s)						
<i>NOK 0</i>	<i>1630</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2024-02-21</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Live Fornes</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument,	<i>Shares with ISIN NO 001 1202772</i>

	type of instrument Identification code		
b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		<i>NOK o</i>	<i>2467</i>
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>	
e)	Date of the transaction	<i>2024-02-21</i>	
f)	Place of the transaction	<i>Oslo Stock Exchange</i>	
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Trond Arvid Larsen</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of	<i>Shares with ISIN NO 001 1202772</i>

	instrument Identification code		
b)	Nature of the transaction	<i>Purchases of shares</i>	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		<i>NOK 0</i>	<i>1347</i>
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>	
e)	Date of the transaction	<i>2024-02-21</i>	
f)	Place of the transaction	<i>Oslo Stock Exchange</i>	
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Carl Anders Olof Kjörling</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument,	<i>Shares with ISIN NO 001 1202772</i>

	type of instrument Identification code						
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK o</i></td><td><i>2499</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK o</i>	<i>2499</i>
Price(s)	Volume(s)						
<i>NOK o</i>	<i>2499</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2024-02-21</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares following IPO 2022</i>					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Finn Volrat Pettersen</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	

a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK o</td><td>1425</td></tr></table>		Price(s)	Volume(s)	NOK o	1425
Price(s)	Volume(s)						
NOK o	1425						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Veronica Orvedal-Kiil</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Deputy employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	

a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 0</td><td>1699</td></tr></table>		Price(s)	Volume(s)	NOK 0	1699
Price(s)	Volume(s)						
NOK 0	1699						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Martha Skjæveland</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Employee board representative</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK o</td><td>1354</td></tr></table>		Price(s)	Volume(s)	NOK o	1354
Price(s)	Volume(s)						
NOK o	1354						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Aksel Luhr</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>Legal Counsel</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>
b)	LEI	<i>549300LIVN3FFOJN2K47</i>

4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK o</td><td>3819</td></tr></table>		Price(s)	Volume(s)	NOK o	3819
Price(s)	Volume(s)						
NOK o	3819						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Karim Saffaran</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>SVP Commercial</i>
b)	Initial Notification Amendment	<i>Initial notification</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Vår Energi ASA</i>

b)	LEI	549300LIVN3FFOJN2K47					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK o</td><td>2278</td></tr></table>		Price(s)	Volume(s)	NOK o	2278
Price(s)	Volume(s)						
NOK o	2278						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Torger Rød
		N/A
2	Reason for the notification	
a)	Position/status	CEO
b)	Initial Notification Amendment	Initial notification

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJN2K47					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 0</td><td>11607</td></tr></table>		Price(s)	Volume(s)	NOK 0	11607
Price(s)	Volume(s)						
NOK 0	11607						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Tone Rognstad</i>
		<i>N/A</i>
2	Reason for the notification	
a)	Position/status	<i>SVP People and organisation</i>
b)	Initial Notification Amendment	<i>Initial notification</i>

3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJNzK47					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK o</td><td>4107</td></tr></table>		Price(s)	Volume(s)	NOK o	4107
Price(s)	Volume(s)						
NOK o	4107						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2024-02-21					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares following IPO 2022					