1	Details of the person discharging managerial responsibilities/person closely associated			
a)	a) Name Nicholas John Robert Walker			
		N/A		
2	Reason for the noti	ification		
a)	Position/status	CEO		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		action(s): section to be repeated for (i) each type of instrument; (ii) each type each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 29.9219	250 214	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-04-24		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under Long Term Incentive programme		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Torger Rød		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	COO		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each		
		be of transaction; (iii) each date; and (iv) each place where transactions have been		
	conducted			
a)	Description of the financial instrument, type of instrument Identification	Shares with ISIN NO 001 1202772		
1 \	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)		Volume(s)	
		NOK 29.9219	50 586	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-04-24		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under Long Term In	ncentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name Carlo Santopadre			
		N/A		
2	Reason for the noti	fication		
a)	Position/status	CFO		
b)	Initial	Initial notification		
	Notification			
	Amendment			
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or			
	auction monitor	T		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for		
	type of transactio conducted	n; (iii) each date; and (iv) each place where transactions have been		
a)	Description of	Shares with ISIN NO 001 1202772		
	the financial			
	instrument,			
	type of			
	instrument			
	Identification			
1 \	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 29.9219	21 125	
d)	Aggregated	N/A		
information — Aggregated				
	volume			
	— Price			
e)	Date of the	2025-04-24		
	transaction			
f)	Place of the	Oslo Stock Exchange		
	transaction			
g)	Additional	D 1 C1 1 T	,.	
	Information	Purchase of shares under Long Term Ir	ncentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Sverre Brimsøe Bjelland		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	EVP Legal, Compliance & Public Affair	'S	
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	ne issuer, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each on; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)				
	volume(s)	Price(s)	Volume(s)	
		NOK 29.9219	23 672	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-04-24		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under Long Term Ir	ncentive programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Tone Rognstad		
		N/A		
2	Reason for the notif	ication		
a)	Position/status	EVP People, Communication, IT & Digital		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 29.9219	17 215	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-04-24		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under Long Term Incentive programme		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Ellen Waldeland Hoddell		
		N/A		
2	Reason for the not	eason for the notification		
a)	Position/status	EVP Safety & Sustainability		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each		
		; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the	Shares with ISIN NO 001 1202772		
	financial			
	instrument,			
	type of			
	instrument			
	Identification code			
b)	Nature of the transaction	Purchase of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 29.9219	13 833	
d)	Aggregated information	N/A		
	Aggregated			
	volume			
	— Price			
e)	Date of the	2025-04-24		
Í	transaction			
f)	Place of the	Oslo Stock Exchange		
	transaction			
g)	Additional			
יס:		Purchase of shares under Long Term Incentive programme		