1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Nicholas John Robert Walker		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	CEO		
b)	Initial	Initial notification		
	Notification Amendment			
3		r, emission allowance market particip	pant auction platform auctioneer or	
J	auction monitor	in, emission and wante market partiesp	mil, uuccion piunomi, uuccioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been	
a)	Description of	Shares with ISIN NO 001 1202772		
/	the financial	,,,		
	instrument,			
	type of			
	instrument Identification			
	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	3871	
d)	Aggregated information	N/A		
	— Aggregated			
	volume			
	— Price			
e)	Date of the	2025-06-04		
f)	transaction Place of the	Oslo Stock Exchange		
1,	transaction	- 210 2100 Zhenange		
g)	Additional			
	Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Torger Rød		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	COO		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each on; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	3179	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-06-04		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Carlo Santopadre		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	CFO		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each	
	type of transactio conducted	n; (iii) each date; and (iv) each p	lace where transactions have been	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchase of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	1421	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the	2025-06-04		
	transaction			
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Sverre Brimsøe Bjelland	
		N/A	
2	Reason for the not	ification	
a)	Position/status	EVP Legal & Compliance	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been
	conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)		Volume(s)
		NOK 30.8024	1676
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Tone Rognstad		
		N/A		
2	Reason for the not	fication		
a)	Position/status	EVP People & Communication		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market partic	cipant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		risaction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
ь)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	1149	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-06-04		
f)	Place of the	Oslo Stock Exchange		
(ء	transaction			
g)	Additional Information	Purchase of shares under share saving programme		

Details of the person discharging managerial responsibilities/person closely associated

a)	Name	Ellen Waldeland Hoddell		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	EVP Safety & Sustainability		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market partici	pant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	type of transactio conducted	n; (iii) each date; and (iv) each p	(i) each type of instrument; (ii) each blace where transactions have been	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchase of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024 923		
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-06-04		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Allocation of shares		

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jan Inge Nesheim	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been	
	conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	423
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Martha Skjæveland	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for	(i) each type of instrument: (ii) each
7		n; (iii) each date; and (iv) each pl	
	conducted		
a)	Description of	Shares with ISIN NO 001 1202772	
	the financial		
	instrument,		
	type of		
	instrument Identification		
	code		
b)	Nature of the	Purchases of shares	
,	transaction	,	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	354
d)	Aggregated	N/A	
	information		
	Aggregated		
	volume — Price		
e)	Date of the	2025-06-04	
-,	transaction	,	
f)	Place of the	Oslo Stock Exchange	
	transaction	_	
g)	Additional		
	Information Purchase of shares under share saving programme		programme

Details of the person discharging managerial responsibilities/person closely associated

a)	Name	Lilli Sahlman Fagerdal	
		N/A	
2	Reason for the not	ification	
a)	Position/status	Employee board representative	
b)	Initial	Initial notification	
	Notification		
	Amendment		
3	auction monitor	er, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
		J	
b)	LEI	549300LIVN3FFOJN2K47	
4			(i) each type of instrument; (ii) each
		n; (iii) each date; and (iv) each p	lace where transactions have been
	conducted		
a)	Description of the financial	Shares with ISIN NO 001 1202772	
	instrument,		
	type of		
	instrument		
	Identification		
	code		
b)	Nature of the	Purchases of shares	
	transaction		
c)	Price(s) and	D: ()	17.1 ()
	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	614
1)		- N.T.(.)	
d)	Aggregated	N/A	
	information — Aggregated		
	volume		
	— Price		
e)	Date of the	2025-06-04	
,	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction		
g)	Additional	D. I. C.I. I. I.	
	Information	Purchase of shares under share saving programme	

Details of the person discharging managerial responsibilities/person closely associated

a)	Name	Carl Anders Olof Kjörling	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
2		er emission allowance market partici	pant, auction platform, auctioneer or
3	auction monitor	i, chinssion anowance market partier	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans		(i) each type of instrument; (ii) each
•			place where transactions have been
	conducted	_	
a)	Description of	Shares with ISIN NO 001 1202772	
	the financial		
	instrument,		
	type of		
	instrument		
	Identification code		
b)	Nature of the	Purchases of shares	
D)	transaction	Turenases of shares	
c)	Price(s) and		
,	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	682
		-	
d)	Aggregated	N/A	
۵,	information	- 1,	
	Aggregated		
	volume		
	— Price		
e)	Date of the	2025-06-04	
	transaction		
f)	Place of the	Oslo Stock Exchange	
	transaction		
g)	Additional		
	Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Terje Bondhus	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	ant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		rsaction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)	Price(s) NOK 30.8024	Volume(s) 703
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving p	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jann Idar Dillern Johansen	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Deputy employee representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
ĺ	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	518
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name Kjersti Elen Aanderaa		
		N/A	
2	Reason for the not	fication	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for ((i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been
	conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)		Volume(s)
		NOK 30.8024	510
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Finn Volrat Pettersen		
		N/A		
	D. C. d.	· C		
2	Reason for the not	ification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification	Initial notification		
	Amendment			
3	Details of the issue auction monitor	r, emission allowance market particip	ant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		ansaction(s): section to be repeated for (i) each type of instrument; (ii) each tion; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	400	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the	2025-06-04		
f)	transaction Place of the	Oslo Stock Exchange		
	transaction			
g)	Additional Information	Purchase of shares under share saving p	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Veronica Orvedal-Kiil		
		N/A		
2	Reason for the notification			
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	Details of the issuer, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
ь)	LEI	549300LIVN3FFOJN2K47		
4		tails of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each oe of transaction; (iii) each date; and (iv) each place where transactions have been inducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	627	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-06-04		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a) Name Trond Arvid Larsen			
		N/A	
2	Reason for the not	ification	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been
	conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)		Volume(s)
		NOK 30.8024	400
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Hans Erik Kolstrup Hansen	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	695
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Anita Hommedal N/A	
2	Reason for the not	ification	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	type of transactio conducted	the transaction(s): section to be repeated for (i) each type of instrument; (ii) each ransaction; (iii) each date; and (iv) each place where transactions have been	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 30.8024	165
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-06-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Matthieu Marcel Jacques Nicolas Ange N/A	li	
2	Reason for the not	eason for the notification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	er, emission allowance market particip	oant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	type of transaction	he transaction(s): section to be repeated for (i) each type of instrument; (ii) each insaction; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 30.8024	675	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-06-04		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving programme		