1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Finn Volrat Pettersen		
		N/A		
_	Reason for the not	ification		
2	Reason for the notification			
a)	Position/status	Deputy employee board representative		
b)	Initial Notification	Initial notification		
	Amendment			
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	the financial			
	instrument, type of			
	instrument			
	Identification			
	code			
b)	Nature of the	Bought shares		
c)	transaction Price(s) and			
()	volume(s)	Price(s)	Volume(s)	
	, ,	NOK 35.85	2820	
d)	Aggregated	N/A		
	information — Aggregated			
	volume			
	— Price			
e)	Date of the	2025-08-01		
f)	transaction Place of the	Oslo Stock Exchange		
1)	transaction	Osio Stock Exchange		
g)	Additional	Bought shares		
	Information			