

BASIC-FIT PRESS RELEASE

Hoofddorp, 21 April 2026

BASIC-FIT PRESENTS PLANS FOR NEXT ERA OF HIGH-QUALITY GROWTH AT CAPITAL MARKETS DAY

Basic-Fit, Europe's largest and fastest growing fitness chain and franchisor will hold its Capital Markets Day today. At the event, Basic-Fit's leadership team will provide the market with an update on its strategy, operational focus, franchise plans, and on its financial framework.

Since its IPO in 2016, Basic-Fit has delivered a period of strong scaled growth, followed by a phase shaped by the pandemic and the subsequent recovery. Since 2025, the company has entered a new phase of strong growth through a multi-vertical strategy focused also on optimising returns on capital employed, with ROCE expected to reach the low- to mid-teens in the medium term.

The Capital Markets Day will be hosted by CEO and founder René Moos, together with CFO Maurice de Kleer, COO Redouane Zekkri and CCO Erica van Vonderen-Hahn. A live stream is available via the Basic-Fit corporate website (corporate.basic-fit.com). All presentations will be made available on the IR section of the Basic-Fit website after the event.

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FOR MORE INFORMATION :

Basic-Fit Investor Relations
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Basic-Fit is listed on Euronext Amsterdam in the Netherlands
ISIN: NL0011872650 Symbol: BFIT

FINANCIAL CALENDAR

AGM 2026	6 May 2026
Half-year 2026 results	28 July 2026
Q3 2026 trading update	21 October 2026

ABOUT BASIC-FIT

With more than 2,150 clubs, Basic-Fit is the largest fitness operator and franchisor in Europe. The company operates in twelve countries via two brands and has more than 6.0 million memberships. On a daily basis, members can work on improving their

health and fitness in our clubs. Basic-Fit operates a straightforward membership model and offers a high-quality, value-for-money fitness experience that appeals to the fitness needs of all people who care about their personal health and fitness.

FORWARD-LOOKING STATEMENTS / IMPORTANT NOTICE

Some statements in this press release may be considered 'forward-looking statements'. By their nature, forward-looking statements involve risk and uncertainty because they relate to events and depend on circumstances that may occur in the future. These forward-looking statements involve known and unknown risks, uncertainties and other factors that are outside of our control and impossible to predict and may cause actual results to differ materially from any future results expressed or implied. These forward-looking statements are based on current expectations, estimates, forecasts, analyses and projections about the industry in which we operate and management's beliefs and assumptions about possible future events. You are cautioned not to put undue reliance on these forward-looking statements, which only express views as at the date of this press release and are neither predictions nor guarantees of possible future events or circumstances. We do not undertake any obligation to release publicly any revisions to these forward-looking statements to reflect events or circumstances after the date of this press release or to reflect the occurrence of unanticipated events, except as may be required under applicable securities law.