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February 18, 2016

Nova Scotia Securities Commission	Securities Commission of Newfoundland and Labrador
Alberta Securities Commission	Saskatchewan Financial and Consumer Affairs Authority
British Columbia Securities Commission	New Brunswick Financial and Consumer Services Commission
Ontario Securities Commission	Autorité des marchés financiers

RE: High Liner Foods Incorporated

Pursuant to a request from the above-mentioned reporting issuer, we wish to advise you of the following information in connection with its Annual and Special Meeting of Shareholders:

Date of meeting:	May 11, 2016
Record date for notice:	March 14, 2016
Record date for voting:	March 14, 2016
Beneficial ownership determination date:	March 14, 2016
Securities entitled to notice:	Common Shares
Securities entitled to vote:	Common Shares
Issuer mailing directly to non objecting beneficial owners:	Yes
Issuer will pay for objecting beneficial owner material distribution:	No
Issuer using notice-and-access for registered investors:	Yes
Issuer using notice-and-access for non-registered investors:	Yes
Notice-and-access stratification criteria:	No

Yours very truly,

Jackson Gair
Associate Manager, Trust Central Services
cc: CDS & Co. (Via E-mail)