Notice of Annual and Special Meeting of Shareholders of
Trican Well Service Ltd.

Date and Time: Thursday, May 9, 2019 at 1:30 p.m. (MT)

Place: Strand / Tivoli Room, Metropolitan Conference Centre
333 – 4th Avenue S.W., Calgary, Alberta

Business of the Meeting:

The business of the Annual and Special Meeting (the "**Meeting**") is:

1. To receive and consider the consolidated financial statements of Trican Well Service Ltd. ("**Trican**") for the year ended December 31, 2018 and the auditors' report thereon;
2. To fix the number of directors to be elected at the Meeting at seven;
3. To elect seven directors at the Meeting;
4. To appoint auditors for the ensuing year and to authorize the directors to set their remuneration as such;
5. To consider, and if deemed advisable, pass an ordinary resolution approving all unallocated stock options under Trican's stock option plan;
6. To approve, on a non-binding advisory basis, Trican's approach to executive compensation; and
7. To transact such other business as may properly be brought before the Meeting or any adjournment thereof.

The management proxy circular (the "**Circular**") accompanying this Notice provides specific details of the business to be considered at the Meeting.

Record Date:

Registered holders ("**Shareholders**") of Trican's common shares ("**Common Shares**") at the close of business on March 28, 2019 (the "**Record Date**") will be entitled to receive notice of and vote at the Meeting or any adjournment(s) thereof. If a Shareholder acquires Common Shares after the Record Date and wishes to vote at the Meeting, the Shareholder must produce properly endorsed certificates evidencing such Common Shares or otherwise establish that such Shareholder owns the Common Shares and request at any time before the Meeting that such Shareholder's name be included in the list of Shareholders entitled to vote at the Meeting.

Voting:

It is important to Trican that Shareholders exercise their vote. Shareholders are requested to date and sign the enclosed instrument of proxy and mail it to Trican's transfer agent, Computershare Trust Company of Canada, Proxy Department at 135 West Beaver Creek, P.O. Box 300, Richmond Hill, Ontario, L4B 4R5, or hand deliver it to Computershare Trust Company of Canada, Proxy Department, 100 University Avenue, 8th Floor, Toronto, Ontario, M5J 2Y1. Even if a Shareholder plans to attend the Meeting, the Shareholder may still vote via proxy. In order to be valid and acted upon at the Meeting, instruments of proxy must be received by 1:30p.m. MT (3:30 p.m. ET) on Tuesday, May 7, 2019, or if the Meeting is adjourned or postponed, 48 hours prior to such adjourned or postponed Meeting (excluding Saturdays, Sundays and holidays). The time limit for deposit of proxies may be waived, without notice, at the discretion of the Chairman of the Meeting. Further instructions with respect to attending the Meeting or voting by proxy are provided in the instrument of proxy and the Circular. Any questions regarding the Meeting or voting your Common Shares can be directed to our strategic shareholder advisor and proxy solicitation agent Kingsdale Advisors at 1-888-518-1565, or collect call outside North America at 416-867-2272, or by e-mail at **contactus@kingsdaleadvisors.com.**

BY ORDER OF THE BOARD OF DIRECTORS

Calgary, Alberta, Canada
March 28, 2019

(signed) *"Chika B. Onwuekwe"*
Vice President, Legal, General Counsel and Corporate Secretary