

News Release –TSX-V: AMU

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Results from a Field Reconnaissance Program, Ghana West Africa

May 31st, 2016, Vancouver, B.C. – AMI Resources Inc. (the "Company" or "AMI") is pleased to announce the results of a field reconnaissance program undertaken over sections of the northern portion of its Anouro concession area which has resulted in supporting the existence of local anomalism for gold (in-excess of 150ppb - geological background values). For full results see Table 1. The results are preliminary in nature and not conclusive evidence of the likelihood of the occurrence of a mineral deposit.

The recent reconnaissance program was conducted by an independent Ghanaian consulting group, Scott Taylor Limited, in response to a desktop study and GIS data collation and review by AMI representatives. The review and the ongoing development strategy of the Company toward realising the full extent of the Anouro regions gold potential led to the proposal and completion of the field reconnaissance and subsequent grab sampling program.

The Company elected to commence the field reconnaissance program in parallel with existing development plans in order to assess a structural corridor adjacent and sub-parallel to the existing AMI drilling and resource which lies on the inferred southern projection of the Owere Mine, "Sentreso" trend, see Figure 1 for details.

The reconnaissance field program and associated grab sampling supports the presence of anomalous gold values in the region as illustrated in Figures 1 to 3. The anomalous gold values display two theoretical trends (Figures 2 and 3) here in referred to the "northern grab sampling zone" or "NGSZ" and the "southern grab sampling zone" or "SGSZ". These early reconnaissance results have provided further weight to the theory that the anomalous trend extends near surface as a moderately continuous zone of higher than geological background gold values.

The Company's broader view for the area is to advance the projects near surface potential for further gold mineralisation quickly with a view to identifying the project's potential Mineral Resource and subsequently fast-tracking the project into more definitive studies.

Concurrent with the previously announced drill program, ("May 20, 2016") a follow-up geochemical sampling program and other work will include geological and structural evaluations of the immediate and surrounding geological terrain, local and regional targeting and identification of potential additional gold anomalism in-line with existing programmes defined by the Company.

All historical and current results to date supports the northern Anouro as having potential for gold mineralisation. The Company's Chief Executive Officer, Robert Spiers stated that he is cautiously optimistic in regard to the preliminary reconnaissance outcomes adding, "the results to date represent a strong start for the expansion of these mineralized zones but it will be the next phase of follow-up which should highlight the extent of the anomaly which is then something to get excited about". Mr Spiers went onto say that,

“these are not the only plans we have for the Anouro region and in the fullness of time the slated further exploration and drilling programs will pull together a better picture of the area yet to be realised”.

Highlights from Reconnaissance Program:

- 86 grab samples from surface float and remanent local prospecting pits has resulted in the support of earlier field programs by previous explorers (Newmont 2008⁽¹⁾ geochemical sampling).
- The recent program by AMI realised outcomes **including sample number 002 returning 3998ppb Au, sample number 016 returning 60985ppb and sample number 034 returning 1856ppb Au.**
- **16%** of samples (14 out of 86 grab samples tested) taken returned in-excess of the geological background gold grade of 150ppb Au⁽²⁾.
- The samples which exceed the geological background values **form two distinct zones of accumulation** which warrant further more structured field follow-up.
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Table 1. Analytical outcomes for the grab sampling of field float and local prospecting pit spoils.

Scheme	Easting	Northing	FAE505	FAE505	FAE505	Geological Description
Unit	m	m	ppb	ppb	ppb	
Detection Limit			2	2	2	
Element			Au	Au(R)	Au(S)	
1	692501	729177	160	153	168	Foliated greywacke with qtz veinlets. 045/55NW
2	692501	729177	3998	3700	4000	Quartz vein rock chips from old gamalsey u/grd pit
3	692186	728895	137	132		greywacke with ferruginous stain quartz veinlets, E-W/70N in an old open pit
4	692186	728895	1569	1660		greywacke with ferruginous stain quartz veinlets, E-W/70N at different sample point in the old open pit
5	692186	728895	1243	800		greywacke with ferruginous stain quartz veinlets, E-W/70N at different sample point in the old open pit
6	692186	728895	32			Quartz vein in the pit 0.5m
7	692266	728999	55			Debris of greywacke from old gamalsey u/grd pit
8	692266	728999	1250			Mixture of quartz vein and greywacke from the u/grd pit
9	691961	728630			16	Mottle clay and weathered greywacke from excavated 3m deep old pit
10	690201	727032	53			Greywacke with quartz veinlets outcrop, 45/70NW
11	690460	727297	68			Greywacke with quartz veinlets outcrop, 45/50NW
12	690514	727272	7			Greywacke with quartz veinlets boulders
13	691826	728619	676	753		Foliated quartz vein, 1.5m wide in an old gamalsey u/grd pit. 040/75N
14	691650	728510	1489			Quartz vein chippings from an old gamalsey u/grd pit. 040/75N

15	691546	728488	6			Sheared quartz vein in 3m deep old pit
16	692647	729350	60985	54000	58000	Sample given by gamamsey workers from current underground mine pit
17	690280	726954	4			Quartz floats in the small river
18	690280	726954	61			Outcrop of foliated greywacke in the small river. 045/50NW
19	690307	727123	15			Floats of quartz vein from the old u/grd pit
20	690307	727123	159			Foliated greywacke with thin qtz veinlet from the old U/grd pit
21	690303	727083	7			Floats of quartz vein from the old u/grd pit
22	690283	727060	6			Floats of quartz vein from the old u/grd pit
23	690283	727060	6	6		Foliated greywacke from the old U/grd pit
24	690200	726970	6			Saprolite of foliated greywacke from the old U/grd pit, 45/60NW
25	690200	726970	8			Floats of quartz vein from the old u/grd pit
26	689161	725809	100			Outcrop of foliated greywacke with quartz veinlets interbedded. 045/ dips NW
27	689161	725809	83			Outcrop of foliated greywacke with quartz veinlets interbedded. 045/dips NW
28	689161	725809	66			Outcrop of foliated greywacke
29	689175	725868	836	870		Outcrop of foliated greywacke with quartz veinlets interbedded.
30	688957	726044	2			Foliated green mafic rock with weathered cubic pyrite. 042/vertical dip
31	689014	726118	5			Foliated green mafic rock with weathered cubic pyrite.
32	689313	726295	2	2		Ferruginous material (duricrust)
33	689111	725835	190			Outcrop of foliated greywacke with quartz veinlets interbedded. 045/50 NW
34	688867	725551	1856			Floats of foliated greywacke with quartz veinlets interbedded.
35	688867	725551	13			Laterite soil with quartz fragments collected under a falling tree.
36	688722	725486	74	65		Floats of quartz fragments
37	688693	725706	3			Foliated green mafic rock with weathered cubic pyrite. 042/vertical dip
38	688632	725716	3			Foliated green mafic rock with weathered cubic pyrite. 042/vertical dip
39	688602	723699	5			Boulders of quartz vein
40	688401	725666	2	3		Boulders of quartz vein
41	688742	725383	1498	1440		Boulders of foliated greywacke with quartz veinlets interbedded.
42	685537	723658	8			boulders and fragments of quartz
43	685518	723579	8			boulders and fragments of quartz
44	688077	724549	129	124		Foliated greywacke with quartz veinlets 045/65NW
45	688077	724549	98			Foliated greywacke with quartz veinlets 045/65NW
46	688025	724635	132	105		boulders of foliated greywacke
47	687581	725345	4			Duricrust
48	686689	724882	4			Greywacke with quartz veinlets
49	686689	724882	6			Greywacke with quartz veinlets

50	686826	724723	149			Greywacke with quartz veinlets
51	687154	724520	32			0.3m quartz vein
52	687154	724520	27			Multi-coloured phyllite with quartz veinlets 045/vertical dip
53	687154	724520	25			Saprolite of phyllite with quartz veinlets (horizontal channel sampling)
54	686575	724759	14			boulders and fragments of quartz
55	687260	724617	5			Laterite gravel
56	687409	724793	5		5	boulders and fragments of quartz
57	687212	725182	7			quartz gravel in Adumasa town
58	687136	725280	7			highly weathered material in Adumasa town
59	687118	725318	5			Sheared phyllite with quartz veinlets
60	687118	725318	4			Sheared phyllite with quartz veinlets
61	685917	723752	6			phyllite with quartz veinlets
62	686064	723583	8			quartz laterite
63	685698	724023	9			Floats and fragments of quartz
64	685801	723957	2			boulders and fragments of quartz
65	686271	723781	10			Duricrust
66	686271	723781	14			Quartz floats
67	685776	723999	22			Quartz fragments on phyllite outcrop in 2m pit
68	686689	724581	6			Laterite gravel
69	686985	724341	14			Quartz gravel
70	690031	726802	4			Greywacke with quartz veinlets
71	690024	726843	3			Greywacke with quartz veinlets and also old u/grd pit
72	689823	726653	7			Greywacke with quartz veinlets
73	689916	726655	2			Greywacke with quartz veinlets outcrop, 50/60NW
74	689954	726646	4			Greywacke with quartz veinlets outcrop, 45/55NW
75	689802	726538	10			Greywacke with quartz veinlets boulders
76	689721	726503	63			Greywacke with quartz veinlets
77	689251	725935	1030	1100	1160	Greywacke with quartz veinlets
78	690669	727429	2			Boulders of sheared quartz
79	690664	727615	2			Boulders and floats of sheared smoky quartz
80	690778	727634	2	3		Greywacke with quartz veinlets floats all over
81	691009	727821	29			Greywacke with quartz veinlets floats all over
82	692421	729161	88			Greywacke with quartz veinlets
83	692186	729141	2			Floats of sheared quartz with large crystals of hornblende
84	692045	729004	2			Sheared quartz with dark minerals
85	692062	728793	53			Greywacke with quartz veinlets at the entrance of old u/grd pit
86	691575	728274	5			Greywacke with quartz veinlets 047/55NW

Notes to Accompany Table 1:

- The selected grab samples are not representative of the mineralization on the property and are preliminary in nature and not conclusive evidence of the likelihood of the occurrence of a mineral deposit.
- Coordinates are taken on a hand held GPS thus have +/- 5m accuracy.
- Figures in the above table are in parts per billion (ppb) with a lower detection limit of 2ppb applying, readings which analysis showed to be below 2ppb are replaced with <2ppb.

- Geological descriptions are those of the independent consultant Scott Taylor Limited engaged by AMI to execute the field program and cannot be construed as definitive.
- Analytical analysis was conducted by SGS Laboratory Services GH. Ltd, P. O. Box 38, Jerusalem Junction, Tarkwa, Ghana.
- Analytical method employed by SGS is as follows: FAE505: Au, FAS, Solv Ext, AAS, 50g using accredited methods using accredited number OI-L3-906-AFR(GH)-MIN-FA-01 and 02.

Mr. Robert Spiers, geologist, is the qualified person who prepared and approved the scientific and technical disclosure in this news release.

Forward Looking Statement Disclaimer

This press release may present "forward-looking statements" within the meaning of applicable securities legislation that involve inherent risks and uncertainties. Forward-looking statements include, but are not limited to, statements with respect continuing the economic re-assessment of our assets in Ghana, or potentially moving into production in the medium term. Generally, these forward-looking statements can be identified by the use of forward looking terminology such as "plans", "expects" or "does not expect", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will be taken", "occur" or "be achieved".

Forward-looking statements are subject to known and unknown risks, uncertainties and other factors that may cause the actual results, level of activity, performance or achievements of the Company or the combined company to be materially different from those expressed or implied by such forward looking statements, including but not limited to: risks related to international operations, risks related to the integration of acquisitions; risks related to joint venture operations; actual results of current exploration activities; actual results of current or future reclamation activities; conclusions of economic evaluations; changes in project parameters as plans continue to be refined; future prices of gold and other minerals and metals; possible variations in ore reserves, grade or recovery rates; failure of equipment or processes to operate as anticipated; accidents, labour disputes and other risks of the mining industry; and delays in obtaining governmental approvals or financing or in the completion of development or construction activities.

Although the management and officers of the Company believe that the expectations reflected in such forward-looking statements are based upon reasonable assumptions and have attempted to identify important factors that could cause actual results to differ materially from those contained in forward-looking statements, there may be other factors that cause results not to be as anticipated, estimated or intended. There can be no assurance that such statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements. The Company does not undertake to update any forward-looking statements that are incorporated by reference herein, except in accordance with applicable securities laws.

Supplementary figures

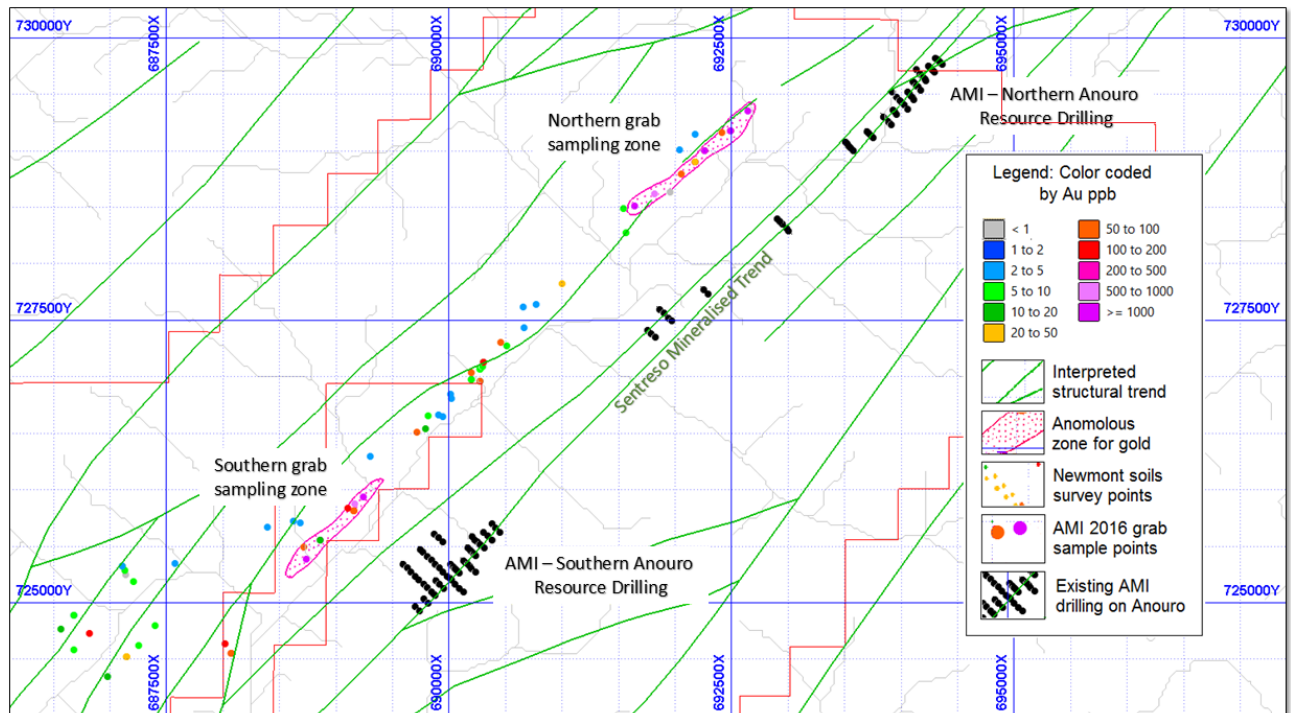


Figure 1: Grab sample location plan with adjacent existing AMI drilling on Sentreso trend.

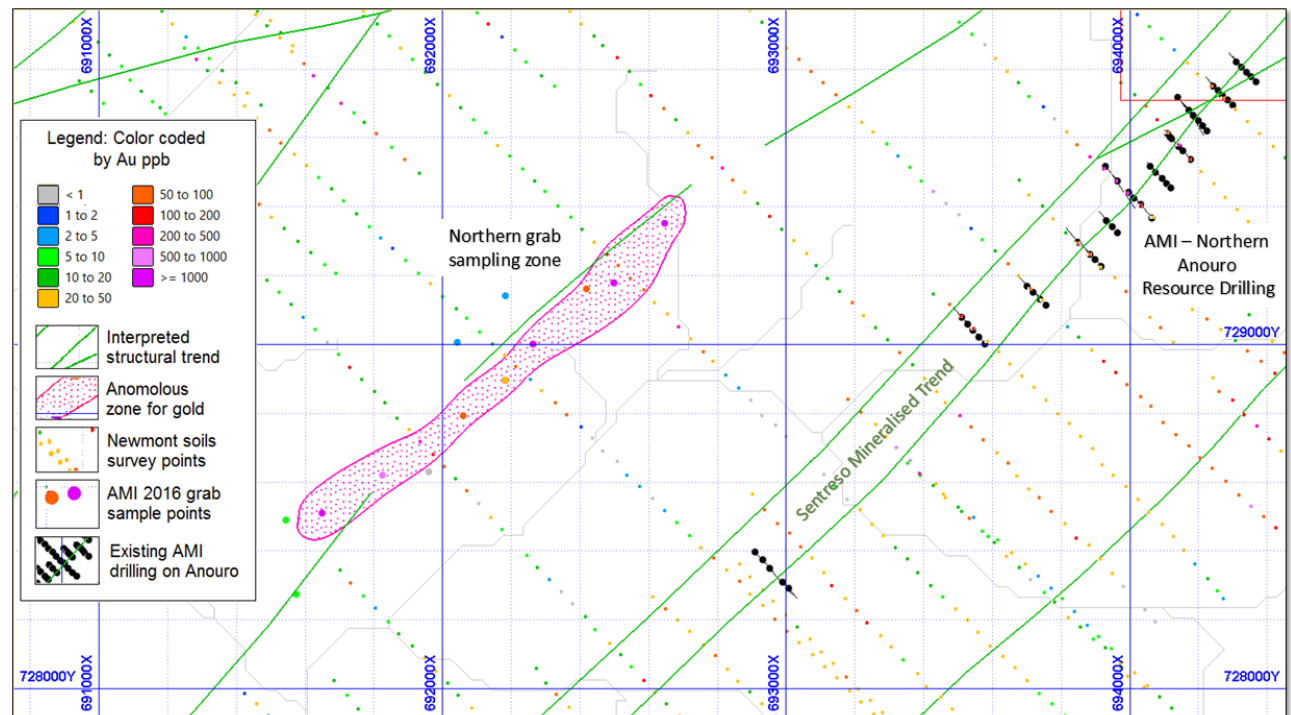


Figure 2: Northern Grab sample location plan with adjacent existing Anouro North AMI drilling on Sentreso trend.

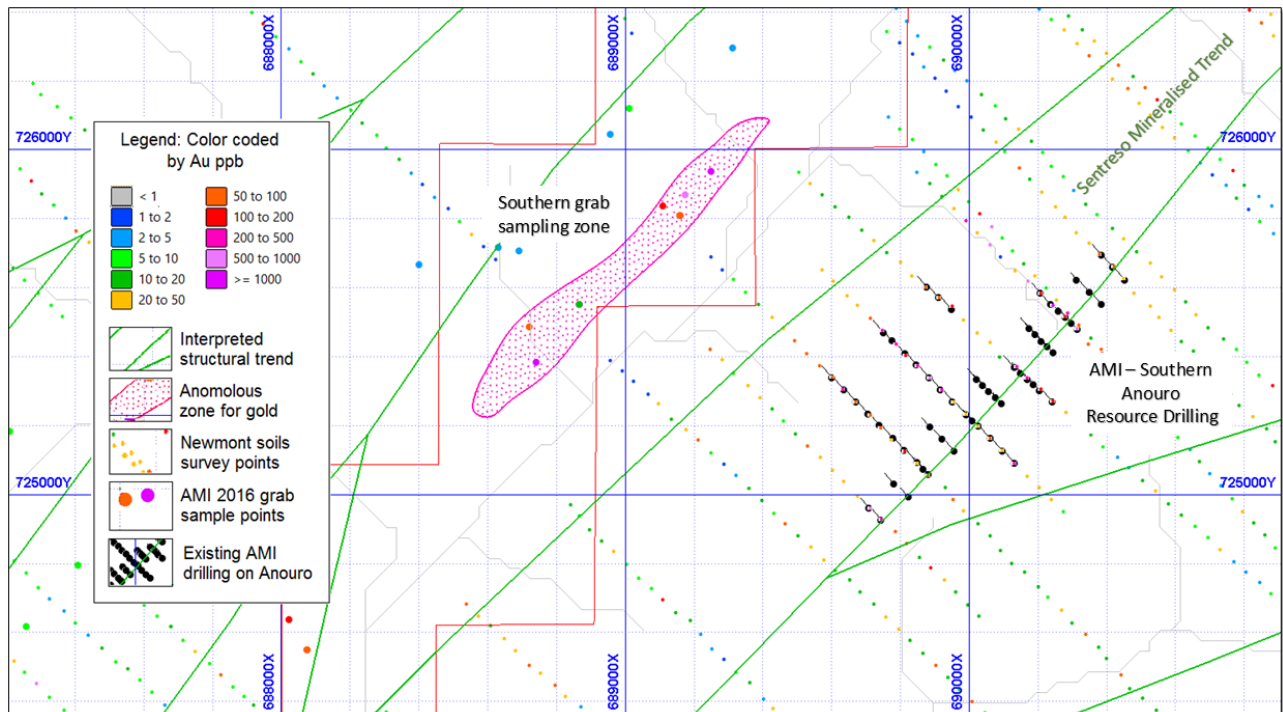


Figure 3: Southern Grab sample location plan with adjacent existing Anouro South AMI drilling on Sentreso trend.

We seek Safe Harbor.

On behalf of the Board,
Robert Spiers, CEO & William Pettigrew, CFO & Director Phone: 604-669-2901

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