

FORM 51-101F4

**NOTICE OF
FILING OF 51-101F1 INFORMATION**

On March 6, 2012, Paramount Resources Ltd. ("Paramount") filed its reports under section 2.1 of NI 51-101, which can be found in Paramount's *annual information form* under the company's profile on SEDAR at www.sedar.com and under "Investor Relations" on Paramount's website at www.paramountres.com.