

FORM 51-101F4

NOTICE OF FILING OF 51-101F1 INFORMATION

This is the form referred to in section 2.3 of National Instrument 51-101 *Standards of Disclosure for Oil and Gas Activities* ("NI 51-101").

On March 6, 2024, Paramount Resources Ltd. ("Paramount") filed its reports under section 2.1 of NI 51-101, which can be found in Paramount's Annual Information Form under the company's profile on SEDAR+ at www.sedarplus.ca and on Paramount's website at www.paramountres.com.