

May 6, 2020

Re: Amarc Resources Ltd. (the “Company”) - Consent under NI 43-101

I, C. Mark Rebagliati, P.Eng., do hereby consent to the public filing by Amarc Resources Ltd. of the Technical Report titled “Technical Report Summarizing Exploration Work on the DUKE Project, Babine Porphyry Copper District, Central British Columbia, Canada” that has an effective date of April 3, 2020.

I consent to the use of extracts or summaries from the Technical Report in the news release by Amarc Resources Ltd. dated May 6, 2020.

I confirm that I have read the Company’s May 6, 2020 news release and believe that it fairly and accurately represents the information contained in that part of the Technical Report that I am responsible for.

Sincerely,

C. Mark Rebagliati

C. Mark Rebagliati, P.Eng.

May 6, 2020

Re: Amarc Resources Ltd. (the “Company”) - Consent under NI 43-101

I, Eric Titley, P.Geo., do hereby consent to the public filing by Amarc Resources Ltd. of the Technical Report titled “Technical Report Summarizing Exploration Work on the DUKE Project, Babine Porphyry Copper District, Central British Columbia, Canada” that has an effective date of April 3, 2020.

I consent to the use of extracts or summaries from the Technical Report in the Amarc Resources Ltd. news release date May 6, 2020.

I confirm that I have read the Company’s May 6, 2020 news release and believe that it fairly and accurately represents the information contained in that part of the Technical Report that I am responsible for.

Sincerely,

Eric Titley

Eric Titley, P.Geo.