

NEWS RELEASE

April [•], 2009

**SOFTROCK MINERALS LTD.
FILES STATEMENT OF RESERVES DATA AND OTHER OIL AND GAS
INFORMATION FOR THE YEAR ENDED DECEMBER 31, 2008**

Softrock Minerals Ltd. (TSX- SFT) ("**Softrock**") filed with the securities regulatory authorities in each of the provinces of British Columbia and Alberta its statement of reserves data and other oil and gas information for the year ended December 31, 2008 (the "**Statement of Reserves Data**"), as mandated by National Instrument 51-101 – Standards of Disclosure for Oil and Gas Activities. Copies of the Statement of Reserves Data may be obtained on the systems for electronic document analysis and retrieval at www.sedar.com.

For further information please contact:

Softrock Minerals Ltd.
#1010, 825-8 Ave S.W.
Calgary AB, T2P 2T3
Phone: (403) 266-2605
Fax: (403) 266-2730
email: softrockminerals@shaw.ca

*THE TORONTO STOCK EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT
RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.*