



Tower Resources Reports Nechako Drill Results

Vancouver, B.C. – August 23, 2018 - Tower Resources Ltd. (“**Tower**” or the “**Company**”) (TSXV: TWR; OTCQB: TWRFF) is pleased to provide an update at the Company’s Nechako gold project in British Columbia. The Nechako gold project is located approximately 30 kilometres northeast of New Gold’s Blackwater development project in the Nechako Plateau Region of central British Columbia. The project is road accessible and comprises 10 mineral tenures totaling 2,975 hectares. Exploration work at the project has identified a number of targets including epithermal gold and silver mineralization and also porphyry copper and gold mineralization.

The Company recently completed an initial diamond drill program at Nechako comprising 5 holes for a total of 751 metres to follow up on strong gold in till anomalies identified in the 2017 RC program (Press Release May 15, 2018). Results from this program are highlighted in Table 1 below. The intense alteration encountered in Tower’s 2018 diamond drilling program demonstrates that the Nechako property continues to show potential for discovery of large scale gold and copper mineralization. A second round of RC drilling and till sampling is planned for Nechako prior to initiating the next round of diamond drilling.

Table 1: Assay Results:

DDH	From (m)	To (m)	Width* (m)	Cu (%)	Au (g/t)
NDH-18-004	72	82	10.0	0.22	0.12
and	156	170	14.0	0.15	0.11
Including	166	168	2.0	0.32	0.36
NDH-18-001	No Significant Assays				
NDH-18-002	No Significant Assays				
NDH-18-003	No Significant Assays				
NDH-18-005	Drill Hole Did Not Reach Target				

*Width refers to drill hole intercept and may not represent the true width of the mineralization.

NDH-18-004 was drilled further up-ice (1300 metres) from the strongest gold in till anomaly seen in RC drilling. This hole is characterized by strong to intensely altered dacitic volcanic rocks with up to 5% pyrite with trace associated basemetal sulphides (chalcopyrite, galena and sphalerite).

NDH-18-001, NDH-18-002 and NDH-18-003 drilled approximately 500 metres 'up-ice' of the strongest gold in till anomaly identified in RC drilling. These drill holes intersected relatively unaltered sequences of dacitic flows and interbedded fine sedimentary horizons. No significant mineralization was encountered in these drill holes.

NDH-18-005 was drilled approximately 100 metres from NDH-17-004 but failed to penetrate strongly silicified and fractured rock encountered immediately below casing.

Methods and Qualified Person

Drill core samples (generally 2-metre sample length) were prepared at Tower's core logging facility located on site at the Nechako project and shipped to Activation Laboratories Ltd. (Actlabs) ISO 17025 accredited geochemistry lab in Kamloops, BC. Samples were analyzed for gold by fire assay and ICP-OES and for 37 further elements, including copper, using a four-acid, near-total digestion. QA/QC samples including blanks, standards and duplicate samples were inserted regularly into the sample sequence at a ratio of approximately 1:15.

The technical content of this news release has been reviewed and approved by Darrell Hyde, P.Geo., Exploration Manager for the Company and Qualified Person as defined by National Instrument 43-101.

About Tower Resources

Tower is a Canadian based mineral exploration company focused on the discovery and advancement of economic mineral projects in the Americas. The Company's key exploration assets are the Rabbit North copper-gold porphyry project located between the New Afton and Highland Valley Copper mines, the Nechako gold project near New Gold's Blackwater project and the More Creek and Voigtberg gold projects in the Golden Triangle area of Northern British Columbia.

On behalf of the Board of Directors, Tower Resources Ltd.

Garett Macdonald, President, CEO & Director
(604) 558-2565

gmacdonald@towerresources.ca

www.towerresources.ca

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