



NEWS RELEASE

August 16, 2016

INSIDER SELLS 950,000 SHARES

Thunder Bay, Ontario: White Metal Resources Corp. (TSX-V:WHM) ("White Metal" or the "Company") announces that Dr. Elliot Strashin, a director and Chairman of the Board of the Company, has sold 952,675 of his shares bringing his total ownership in the Company from 5,612,416 shares to 4,346,919, or 22% of the issued & outstanding shares of the Company.

This news release is being disseminated to comply with National Instrument 62-103 *The Early Warning System and Related Take-Over Bids and Insider Reporting Issues* in connection with the filing of an early warning report (the "Early Warning Report") which requires a report to be filed under the Corporation's profile on SEDAR (www.sedar.com) containing additional information respecting the foregoing matters.

White Metal is a junior mineral exploration company exploring in Canada and currently has 21,497,898 common shares issued and outstanding.

Head Office Relocation

The Company would like to advise shareholders that it has relocated its head office to 684 Squier Street, Thunder Bay, Ontario. All contact Numbers for the Company will remain the same.

On behalf of the Board of Directors of White Metal Resources Corp.

"Michael Stares"

Michael Stares, President and CEO

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The information contained herein contains "forward-looking statements" within the meaning of applicable securities legislation. Forward-looking statements relate to information that is based on assumptions of management, forecasts of future results, and estimates of amounts not yet determinable. Any statements that express predictions, expectations, beliefs, plans, projections, objectives, assumptions or future events or performance are not statements of historical fact and may be "forward-looking statements."

Forward-looking statements are subject to a variety of risks and uncertainties which could cause actual events or results to differ from those reflected in the forward-looking statements, including, without limitation: risks related to failure to obtain adequate financing on a timely basis and on acceptable terms; risks related to the outcome of legal proceedings; political and regulatory risks associated with mining and exploration; risks related to the maintenance of stock exchange listings; risks related to environmental regulation and liability; the potential for delays in exploration or development activities or the completion of feasibility studies; the uncertainty of profitability; risks and uncertainties relating to the interpretation of drill results, the geology, grade and continuity of mineral deposits; risks related to the inherent uncertainty of production and cost estimates and the potential for unexpected costs and expenses; results of prefeasibility and feasibility studies, and the possibility that future exploration, development or mining results will not be consistent with the Company's expectations; risks related to gold price and other commodity price fluctuations; and other risks and uncertainties related to the Company's prospects, properties and business detailed elsewhere in the Company's disclosure record. Should one or more of these risks and uncertainties materialize, or should underlying assumptions prove incorrect, actual results may vary materially from those described in forward-looking statements. Investors are cautioned against attributing undue certainty to forward-looking statements. These forward looking statements are made as of the date hereof and the Company does not assume any obligation to update or revise them to reflect new events or circumstances. Actual events or results could differ materially from the Company's expectations or projection

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