BC FORM 53-901F
(Previously Form 27)
SECURITIES ACT

MATERIAL CHANGE REPORT UNDER SECTION 85(1) OF THE ACT

1. Reporting Issuer

   Canplats Resources Corporation
   #1180 - 999 West Hastings Street
   Vancouver, B.C. V6C 2W2

2. Date of Material Change

   November 21, 2003.

3. Press Release

   A news release was issued on November 21, 2003.

4. Summary of Material Change

   Canplats Resources Corporation (TSX-V: CPQ) has adopted, subject to TSX Venture Exchange and shareholder approval, the 2003 incentive stock option plan (the "2003 Plan"). Under the 2003 Plan, a maximum of 10% of the issued and outstanding shares of the Company are to be reserved at any time for issuance on the exercise of stock options. The 2003 Plan will be presented to the shareholders of the company at the 2003 Annual General Meeting to be held on December 17, 2003.

5. Full Description of Material Changes

   See attached news release dated November 21, 2003.

6. Reliance on Section 85(2) of the Act

   N/A

7. Omitted Information

   NIL

8. Senior Officers

   Names: **R.E. Gordon Davis, President & CEO**
   Linda J. Sue, Corporate Secretary
   Business Tel.: **(604) 689-3846**

9. Statement of Senior Officer

   The foregoing accurately discloses the material change referred to herein.

Dated at Vancouver, British Columbia, this 25th day of November, 2003.

LINDA J. SUE
Linda J. Sue, Corporate Secretary

November 21, 2003 TSX Venture Exchange: CPQ

CANPLATS ADOPTS STOCK OPTION PLAN AND AMENDS OPTIONS

Vancouver, B.C. -- Canplats Resources Corporation (TSX-V: CPQ) has adopted, subject to TSX Venture Exchange and shareholder approval, the 2003 incentive stock option plan (the "2003 Plan"). Under the 2003 Plan, a maximum of 10% of the issued and outstanding shares of the Company are to be reserved at any time for issuance on the exercise of stock options. The 2003 Plan will be presented to the shareholders of the company at the 2003 Annual General Meeting to be held on December 17, 2003.

In addition, the company has agreed to amend, subject to TSX Venture Exchange approval, 940,000 incentive stock options previously issued to certain directors, officers and employees of the company. All of the options are currently exerciseable at a price $0.50 per share with a term expiring April 4, 2004. The amendment reduces the exercise price of the options to $0.35 per share and extends the term of the options by two years to April 4, 2006.

About Canplats Resources Corporation

Canplats Resources Corporation is a junior exploration company focused on exploration for gold and platinum group metals mineralization. The company holds a 100% interest in the Rodeo gold prospect, Yerbabuena gold prospect, and the recently acquired Santa Lucia gold prospect, all located in Mexico. In addition, Canplats maintains core claims in the Nipigon Plate area north of Thunder Bay, Ontario with drill targets that are prospective for platinum group mineralization.

For further information, contact:

R.E. Gordon Davis
Chairman, President and C.E.O.
Direct: (604) 484-8220

Paul LaFontaine
Manager, Investor Relations
Direct: (604) 484-8212
NA toll-free: (866) 338-0047
info@canplats.com
http://www.canplats.com