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SHAREHOLDER UPDATE

July 5, 2018

Aben Provides Shareholder Update on 2018 Exploration Season in the Golden Triangle, BC

Vancouver, BC -- Aben Resources Ltd. (TSX-V: ABN) (OTCQB: **ABNAF**) (Frankfurt: **E2L2**) (the “Company”) is pleased to provide an exploration update to its shareholders. The 2018 exploration season in the Golden Triangle is well underway with **Aben Resources**, nearby **GT Gold (TSX-V: GTT)** and adjacent project - **Garibaldi Resources (TSX-V: GGI)** - having commenced their respective drilling campaigns over recent weeks. Aben Resources management wishes to summarize to investors the Company’s recent activity as well as highlight recent media coverage related to Aben’s 2018 Golden Triangle Exploration Program.

2018 Drill Program-to-Date:

Field-crews were mobilized in May and construction of camp facilities, core shacks, and drill pad were undertaken. Weather conditions were favourable, and mobilization of the drill commenced upon completion of the drill pads. Recently, in late June, Aben announced that the drill was turning at the Boundary North Zone discovery and drilling is now underway with initial results expected to be announced later in July. The program underway will encompass 5000-metres of diamond drilling program in approximately 18 holes with the potential for program expansion.

The initial focus for the drill program is expanding the high-grade precious metal mineralization discovered in 2017 at the Boundary North Zone, located near the center of the Forrest Kerr Property. Three separate drill holes, collared from the same drill pad, pierced a near-surface high-grade zone of gold-silver-copper mineralization, in addition to broad intercepts containing gold bearing quartz veins. Select results from those holes include 6.7 grams per tonne (g/T) Au, 6.4 g/T Ag and 0.9% Cu over 10 metres, including 18.9 g/T Au, 16.6 g/T Ag and 2.2% Cu over 3.0 metres in hole FK17-04 which contributed to an average grade of 0.26 g/T Au over 387 metres. Hole FK17-05 returned **21.5 g/T Au, 28.5 g/T Ag and 3.1% Cu over 6 metres** from the same zone at a slightly greater depth.

Recent Media Coverage:

Streetwise Reports - All Eyes on the Golden Triangle as Summer Drill Season Begins

Publisher: Streetwise Reports

Author: Streetwise Reports

<http://www.streetwisereports.com/article/2018/06/28/all-eyes-on-the-golden-triangle-as-summer-drill-season-begins.html>

Rick Mills Ahead of the Herd - Aben's Boots Hammers Smoke and Fire

Publisher: Ahead of the Herd

Author: Rick Mills

<http://aheadoftheherd.com/Newsletter/2018/Abens-boots-hammers-smoke-and-fire.pdf>

Bob Moriarty of 321 Gold - Aben Looks for an Instant Replay of 2017 in the Golden Triangle

Publisher: Streetwise Reports

Author: Bob Moriarty of 321 Gold

<https://www.streetwisereports.com/article/2018/06/19/aben-looks-for-an-instant-replay-of-2017-in-the-golden-triangle.html>

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing projects in British Columbia's Golden Triangle, the Yukon and Saskatchewan.

Aben Resources has approx. 81.1 million shares issued and outstanding with approx. \$3.1 million in its treasury.

For further information on Aben Resources Ltd. (TSX-V: ABN), visit our Company's web site at www.abenresources.com.

ABEN RESOURCES LTD.

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