MINERALS LTD.

Suite 1610 – 777 Dunsmuir Street, Vancouver, BC, V7Y 1K4, CANADA
www.abenminerals.com

TSX-V Trading Symbol: ABM
Email: info@abenminerals.com

Telephone: (604) 687-3376
Facsimile: (604) 687-3119

NEWS RELEASE

June 13, 2023

Aben Minerals Appoints New President, CEO, and Director

Vancouver, BC -- Aben Minerals Ltd. (TSX-V: ABM) (OTCQB: ABNAF) (Frankfurt: R26) ("Aben" or "the Company") is pleased to announce that Mr. Riley Trimble has been appointed to the Board of Directors of the Company and has agreed to serve as President and CEO.

Mr. Trimble brings over a decade of experience in corporate development and communications, having worked with companies such as Skyharbour Resources, Surge Copper Corp, Bayfield Ventures, Cypress Development, and Rockridge Resources. His extensive expertise in the US and Canadian capital markets, along with his understanding of managing all aspects of a public company's operations, from capital raising to project acquisition, exploration, and development, will be invaluable as we strive to enhance shareholder value through advancing current projects and assessing future opportunities.

Mr. Trimble commented: "I am thrilled to take on the role of President & CEO at Aben Minerals, dedicated to serving our valued shareholders. Our priority is to unlock the tremendous potential of our existing assets, leveraging their notable historical results. We are also committed to creating shareholder value by expanding our asset base through strategic acquisitions. Aben Minerals is uniquely positioned as a Canadian gold exploration company over the next several years with the Justin Project and Forrest Kerr already showcasing impressive drill results and discovery potential on our extensive landholding. I'm grateful to James for his invaluable mentorship and look forward to working closely with him as we forge the path towards establishing Aben Minerals as a leading Canadian gold company."

James Pettit is continuing in his role as Executive Chairman and Director of Aben Minerals.

The Company also announces that it has issued 1,500,000 incentive stock options (the "Options") to its directors, officers, employees and consultants. The Options are exercisable at $0.13 per share for a period of five years from the date of grant. The Options have been granted under and are governed by the terms of the Company's incentive stock option plan.

About Aben Minerals:

Aben Minerals is a diversified Canadian gold and critical metals exploration company with exploration projects in the Yukon Territory, British Columbia, and Ontario. The Company's goal is to increase shareholder value through new discoveries and developing exploration projects in geopolitically favourable jurisdictions. The Company has 18.7 million shares outstanding.

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For further information on Aben Minerals Ltd. (TSX-V: ABM), visit our Company's web site at www.abenminerals.com.

ABEN MINERALS LTD.

"Jim Pettit"

James G. Pettit
Chairman

For further information contact:
Aben Minerals Ltd.
Riley Trimble, President & CEO
Telephone: 604-416-2978
Toll Free: 800-567-8181
Facsimile: 604-687-3119
Email: info@abenminerals.com

This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that management of the Company expects, are forward-looking statements. Although management believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in the forward-looking statements. The Company undertakes no obligation to update these forward-looking statements if management's beliefs, estimates or opinions, or other factors, should change. Factors that could cause actual results to differ materially from those in forward-looking statements, include market prices, exploration and development successes, continued availability of capital and financing, and general economic, market or business conditions. Please see the public filings of the Company at www.sedar.com for further information.