Stamper Oil & Gas Announces Changes to Officers and to the Board of Directors

VANCOUVER, British Columbia, March 26, 2019 -- **Stamper Oil & Gas Corp. (TSX-V: STMP) (FSE: TMP2) (OTCQB: STMGF) ("Stamper" or "the Company")** is pleased to announce appointment John P. Ryan as President & CEO and Sam Eskandari as a member of the Board of Directors. John Ryan will continue the role of Chief Financial Officer on an interim basis.

The Company also announces the resignation of Alexander Polevoy, as Director of Stamper and David C. Greenway has decided to step down as Director and President & CEO to pursue other opportunities, all effective immediately. The Company would like to thank the outgoing Directors and Officers for their services to the Board.

John Ryan, Chief Executive Officer of Stamper Oil & Gas, said, "I, along with all my fellow board members and management of the Company, wish to thank David and Alex for their contributions and dedication to the Company wish them all the best in his future endeavors."

John P. Ryan – B.S., Mining Engineering, J.D., Juris Doctor, Director and President & CEO, CFO

Mr. John P. Ryan J.D. has over 21 years of experience with development-stage companies as a qualified mining engineer. Mr. Ryan has extensive international mining experience particularly in the Coeur d'Alene District including work at the Consolidated Silver Mine and the Galena Mine. Mr. Ryan is the founder and co-founder of several resource companies including Royal Silver Mines Inc., Silver Bull Resources, Western Goldfields Inc., and U.S. Silver Corporation. In 2004 he co-founded High Plains Uranium, which successfully acquired uranium assets in the Powder River Basin of Wyoming and in Live Oak County and Bee County, Texas and is now part of Uranium One Corporation. Mr. Ryan has been a senior executive and director of several public companies in the USA, Canada, the UK, and Australia.

Mr. Ryan holds a B.S., Mining Engineering from the University of Idaho and J.D., Juris Doctor from Boston College Law School.

Sam Eskandari, – BSc., Director

Mr. Eskandari brings significant experience in management, corporate development, and finance in the technology, biotechnology, and resource sectors. Mr. Eskandari's previous experience includes Veritas Pharma Inc., where as a consultant he was instrumental in the company's corporate development, public and investor relations, marketing, and financing activities. Mr. Eskandari is a graduate of Simon Fraser University (SFU) with a Bachelor of Science in Molecular Biology and Biochemistry, where his research efforts led to a major publication in the area of Riboswitches

The Company is currently evaluating other oil and gas projects in Latin America and Africa.

About Stamper Oil and Gas

Stamper Oil and Gas Corp. (TSX.V: STMP) is an oil and gas company, engaged in the acquisition, exploration and development of conventional oil and natural gas properties. The Company plans to identify and build out a portfolio of high-impact oil and gas prospects. Stamper is committed to creating sustainable shareholder value by evaluating and developing prospects into commercially viable assets.

For further information on Stamper Oil and Gas please visit www.stamperoilandgas.com

ON BEHALF OF THE BOARD OF DIRECTORS
"John P. Ryan"
President & CEO, Director

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