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iMetal Resources Inc. extends Zone 3 quartz stockwork with assays up to 8.7g/Mt gold and 0.79% copper on its Gowganda West property, 70km southwest of Kirkland Lake, Ontario.

iMetal Resources Inc. (IMR-tsxv) is pleased to announce continued results from its ongoing winter exploration program on its Gowganda West property.

Prospecting in the vicinity of Zone 3 has resulted in the extension of the high-grade gold-copper quartz vein stockwork at Zone 3A. The extension of the Zone 3A stockwork is characterized by disseminated chalcopyrite with malachite stain and pyrite. Gold and copper assays from rock chip samples collected from the extension have maximum values up to 8.7g/Mt gold and 0.79% copper in nine samples. Results from the latest round of sampling are summarized in Table 1 below. The Zone 3A mineralized stockwork trends northward for 15 meters towards Zone 3B and suggest that Zones 3A and 3B are linked. This would indicate an overall strike length of up to 300 meters for the combined Zones 3A and 3B.

Table 1. Summary of nine assay results from Zone 3A extension, Gowganda West property.

Sample Number	GOLD FA-AAS (g/MT)	GOLD FA-GRAV (g/MT)	COPPER AR-AAS (%)
5581	6.22	6.75	0.371
5582	2.40		0.186
5583	0.04		0.006
5584	8.44	8.7	0.317
5585	0.05		0.005
5586	1.78		0.740
5587	<0.01		0.004
5588	5.94	7.21	0.793
5589	2.43		0.106
Blank Value 0.02	0.02		
Standard SE58	0.59		
Recommended Range SE58	0.57- 0.64		

The winter program at Gowganda West is in full gear with ongoing prospecting and rock sampling. Geophysics (induced polarization) and drill permits to assess the Zone 3 mineralization in three dimensions will be submitted very shortly to the Ontario government. Access to the Zone 3 induced polarization survey area has been facilitated by a recently constructed winter road built to facilitate timber harvesting. This road also provides access to the company's Zone 4 target area. Further results from the winter program will be released upon receipt through company press releases.

The technical content of this Press Release has been reviewed and approved by Mark Fedikow, Ph.D. P.Geo., a qualified person as defined under NI 43-101.

This Press Release was prepared by iMetal Resources Inc. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the Policies of the TSX Venture Exchange) has reviewed nor accepts responsibility for the adequacy or accuracy of this release.

We Seek Safe Harbor.

ON BEHALF OF THE BOARD OF DIRECTORS,

Brian Fagan

President & CEO, iMetal Resources Inc.