



For Immediate Release

May 14, 2014

TSX: TT

Terra Energy Releases First Quarter 2014 Results

CALGARY, ALBERTA - (May 14, 2013) - Terra Energy Corp. ("Terra" or the "Company") (TSX: TT) announces its financial and operating results for the three month period ended March 31, 2014. Copies of Terra's first quarter results may be obtained at www.sedar.com or www.terraenergy.ca.

First Quarter 2014 Results

- Production averaged 3,539 boe/d and consisted of 83% natural gas with 17% oil and liquids.
- The Company generated revenues of \$13.2 million compared to revenues of \$11.5 million during the same period last year.
- Cash flow from operations increased to \$1.9 million as compared to \$1.1 million for the first quarter of 2013 despite of a hedging loss for the first quarter of 2014 of \$1.6 million.
- The Company's continued efforts to reduce operating expenditures coupled with improved commodity pricing has resulted in a 53% increase per boe in operating netbacks to \$5.3 million or \$16.53/boe, as compared to \$4.4 million and \$10.83/boe for the first quarter of 2013.
- The Company reduced its bank indebtedness from \$46.3 million at March 31, 2013 to \$13.9 million, at March 31, 2014.

The Company's results for the first quarter, both total production and total cash flow, are consistent with our plans and expectations to date as set out in the March 27th Investor Presentation available on our website. On the spending side, the Capital Expenditure Plan and Budget for 2014 contemplates approximately \$14,331,000 of total capital spending to occur during all of 2014 with approximately \$4,514,000 of capital being allocated towards pipeline tie-ins. Consistent with the Plan, the majority of capital expended in the first quarter was in connection with the Grande Prairie and Monias pipeline tie-ins.

Terra is a junior oil and gas corporation engaged in the exploration for, and development and production of, natural gas and oil in Western Canada. Terra's common shares trade on the Toronto Stock Exchange under the symbol 'TT'.

Reader Advisory

All amounts in Canadian dollars unless otherwise specified.

Information Regarding Disclosure in Oil and Gas Reserves and Operational Information

A boe conversion ratio of six thousand cubic feet per barrel (6mcf/bbl) of natural gas to barrels of oil equivalence is based upon an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency for the individual products at the wellhead. Such disclosure of boe's may be misleading, particularly if used in isolation. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different from the energy equivalency of 6:1; utilizing a conversion of a 6:1 basis may be misleading as an indication of value.

Forward-Looking Statements

All forward looking information and statements ("forward looking statements") contained herein that are not clearly historical in nature constitute forward looking statements, and the words "may", "will", "should", "could", "expect", "plan", "intend", "anticipate", "believe", "estimate", "propose", "predict", "potential", "continue", or the negative of these terms or other comparable terminology are generally intended to identify forward looking statements. In particular, without limiting the foregoing, this media release contains statements concerning the Company's plans, expectations, Capital Expenditure Plans and Budget. Although Terra believes that the expectations reflected in our forward-looking statements are reasonable, our forward-looking statements have been based on expectations, factors and assumptions concerning future events which may prove to be inaccurate and are subject to numerous risks and uncertainties, certain of which are beyond the Company's control, including, without limitation: volatility in the market prices for oil and natural gas; liabilities inherent in oil and natural gas operations; uncertainties associated with estimating oil and natural gas reserves; competition for, among other things, capital, acquisitions of reserves, undeveloped lands and skilled personnel; incorrect assessments of the value of acquisitions; geological, technical, drilling and processing problems; fluctuations in foreign exchange or interest rates; health, safety and environmental risks; stock market volatility; global economic events or conditions; and other factors, many of which are beyond the control of the Company. We caution that the foregoing list of risks and uncertainties is not exhaustive.

Terra's actual results, performance or achievement could differ materially from those anticipated in these forward-looking statements and accordingly, no assurance can be given that any events anticipated by the forward-looking statements will transpire or occur. As such, readers are cautioned not to place undue reliance on the forward-looking statements, as no assurance can be provided as to future results, levels of activity or achievements. The risks, uncertainties, material assumptions and other factors that could affect actual results are discussed in further detail in our Annual Information Form and other documents available at www.sedar.com.

The reader is cautioned that historical results are not necessarily indicative of future performance. Furthermore, the forward-looking statements contained in this document are made as of the date of this document and, except as required by applicable law, Terra does not undertake any obligation to publicly update or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise. The forward-looking statements contained in this document are expressly qualified by this cautionary statement.

The Company and its management believe that the financial outlook information contained herein has been prepared on a reasonable basis, reflecting the best estimates and judgments, and represent, to the best of management's knowledge and opinion, the Company's expected expenditures and results of operations. However, because this information is highly subjective and subject to numerous risks, including the risks discussed herein and in Terra's Annual Information Form and Management's Discussion and Analysis, it should not be relied on as necessarily indicative of future results. Except as required by applicable law, Terra undertakes no obligation to update any financial outlook information.

For further information, please contact:

Bud Love

Vice President of Finance, &

Chief Financial Officer

Tel: 403.699.7777

Fax: 403.264.7189