

NEWS RELEASE**Tres-Or Begins Drilling at Fontana Gold Project**

Vancouver, B.C. – March 16, 2017 - Tres-Or Resources Ltd. (“Tres-Or”) (TSX-V: TRS, OTCBK: TRSFF) has initiated its first drill program at the Fontana Gold Project, 60 km north of Val-d’Or, Quebec. The expected 3-hole 750 metre drill program is now underway to confirm significant gold mineralization reported in historical drilling and extend our understanding of the structural controls.

“This is an excellent time to start our own exploration of Fontana,” said Laura Lee Duffett, Tres-Or’s President and CEO. “With recent strength in both gold and capital markets and high interest in Quebec gold projects our own exploration program on this key project makes sense. Tres-Or is now well positioned to start enhancing the value of our core assets.”

The Fontana Gold Project was explored intermittently since the 1930s and includes more than 300 drill holes, construction of a 90 m shaft with galleries and several bulk samples. The property hosts significant gold mineralization, including intersections of up to 8.14 grams per tonne gold (g/t Au) over 28.96 m near the intersection of the Bunkhouse and Hooper zones (152.7 to 181.7 m; true thickness unknown at this time). Since this drilling was from the late 1980s, Tres-Or considers the reports historical.

In 2013, Tres-Or’s then partner Aurizon Mines Ltd. conducted a 19 hole drill program totaling 5604 metres regionally across the Fontana property. The drill program yielded highly enriched intervals such as 33.6 g/t Au over 1.5 m and 16.0 g/t Au over 1.1 m within the Bunkhouse zone, but apparently did not penetrate the high-priority structural intersection of the Bunkhouse and Hooper zones which is the target of the current program. Aurizon Mines, which was acquired by Hecla Mining Company in 2013, subsequently terminated all gold exploration activity, including the Fontana Gold Project.

Tres-Or optioned up to a 100% interest in the Fontana Gold Project, subject to underlying royalties and completed the purchase of an undivided 25% interest. The Fontana Gold Project is located in the Abitibi Greenstone Belt approximately 16 kilometres northeast of Amos and can be easily reached by paved and gravel roads including good access to the Fontana shaft and other workings.

Laura Lee Duffett, P.Geo. and Harrison Cookenboo, Ph.D., P.Geo, OGQ are the qualified persons as defined in National Instrument- 43-101, who have reviewed and are responsible for the technical information presented in this news release.

On behalf of the Board of Directors

“Laura Lee Duffett”

Laura Lee Duffett
President and CEO

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About Tres-Or Resources Ltd.:

Tres-Or Resources Ltd. (TSX Venture: TRS) is a Canadian resource company focused on exploring for gold, base metals and diamond resources in the Abitibi-Témiscamingue regions in northwestern Quebec. Additional information related to the Company is available at: www.tres-or.com.