TRES-OR RESOURCES LTD.

NEWS RELEASE

TRES-OR TERMINATES SECOVA METALS OPTION ON DUVAY-CHENIER GOLD PROPERTY

Vancouver, B.C. – November 2, 2018 - Tres-Or Resources Ltd. ("**Tres-Or**" or the "**Company**") (TSX-V: TRS, OTCPK: TRSFF) announces that it has given Secova Metals Corp. ("**Secova**") notice of termination of the Amended and Restated Option Agreement on the Duvay-Chenier Property, Quebec (the "**Property**") on the basis that Secova has failed to incur Expenditures required to exercise the Option within the time prescribed under the Agreement.

The Company is considering other alternatives to advancing the Property.

On behalf of the Board of Directors

"Laura Lee Duffett"

Laura Lee Duffett
President and CEO

For further information:
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About Tres-Or Resources Ltd.:

Tres-Or Resources Ltd. (TSX Venture: TRS) is a Canadian resource company focused on exploring for gold, base metals and diamond resources in the Abitibi-Témiscamingue regions in northwestern Quebec. Additional information related to the Company is available at: www.tres-or.com .