

NOTIFICATION PURSUANT TO S.2.2 OF NI 51-101

**ARGO ENERGY LTD. ANNOUNCES FILING OF ANNUAL INFORMATION FORM
AND RESERVES INFORMATION DISCLOSURE**

March 21, 2005

SYMBOL: "AAE" – TSX

Argo Energy Ltd. ("Argo") announces today that it has filed its annual information form ("AIF") for its year ended December 31, 2004 on the System for Electronic Document Analysis and Retrieval ("SEDAR"). The AIF contains the supplemental disclosure, including detailed reserves information, as mandated and required by Canadian Securities Administrators National Instrument 51-101 s.2.1 including the Statements and Reports required by Forms 51-101F1, 51-101F2 and 51-101F3.

A copy of the AIF as well as the Statements and Reports mandated by NI 51-101 referred to above can be found for viewing through Argo's web site at www.argoenergy.ca and on www.sedar.com.

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