

TEUTON RESOURCES CORP.

**2130 Crescent Road
Victoria, BC V8S 2H3
Phone: (778) 430-5680
Website: www.teuton.com**

**NEWS RELEASE---TEUTON ENGAGES AVITERRA CONSULTANTS FOR
MARKETING AND COMMUNICATIONS; STOCK OPTIONS GRANTED**

July 18, 2016, Vancouver, BC: Teuton Resources Corp. (“Teuton”) (“TUO”-TSX-V) (“TFE”-Frankfurt) (“TEUTF”—OTCBB) is pleased to announce that it has engaged AviTerra Consulting Inc. to develop and implement marketing and communications programs focused on investor and market awareness. Services will include: development of investor awareness programs, website content, corporate videos, selection of key trade shows for attendance and/or participation, representation and attendance at industry conferences, development of trade show and conference presentations, research and recommendations related to internet and print media exposure.

The contract is for one year at a cost of five thousand dollars per month. Incentive options to purchase 500,000 shares good for five years will also be granted to AviTerra. These options will vest in 125,000 increments at the end of four consecutive three-month periods, in accordance with TSX-V policies. The contract can be terminated by either side upon 30 days notice.

The principals of AviTerra have more than thirty years of marketing, communications and media experience with private and public Canadian companies.

The investor relations contract is subject to TSX Venture Exchange approval.

Stock Options Granted

In accordance with its new stock option plan, the Company has granted directors and consultants options to purchase 1,575,000 shares of the Company at a price of \$0.27 per share, the closing price of the Company on July 15, 2017 (500,000 of this total has been granted to AviTerra Consultants). The options are exercisable until July 18, 2021. The stock option plan is a fixed 10% plan. Both the stock option plan and the grant of the options are subject to the approval of the TSX Venture Exchange.

The stock options are the first to be granted by the Company since all outstanding options to directors and employees were voluntarily cancelled on June 2, 2015.

About Teuton

Teuton owns interests in more than thirty properties in the prolific “Golden Triangle” area of northwestern British Columbia and was one of the first companies to adopt what has since become known as the prospect generator model. Ten of its properties are currently under option and cash proceeds from these options have exceeded \$1 million in the past twelve months, not including the

value of shares received from the optioning companies. Shareholders and other interested parties can access information about Teuton at the Company's website, www.teuton.com.

Respectfully:

"Dino Cremonese, P.Eng."

President, Teuton Resources Corp.

For more information contact Investor Relations at 778-430-5680 or barry@teuton.com

This news release includes certain forward-looking statements concerning the future performance of our business, its operations and its financial performance and condition, as well as management's objectives, strategies, beliefs and intentions. Forward-looking statements are frequently identified by such words as "may", "will", "plan", "expect", "anticipate", "estimate", "intend" and similar words referring to future events and results. Forward-looking statements are based on the current opinions and expectations of management. All forward-looking information is inherently uncertain and subject to a variety of assumptions, risks and uncertainties, including the speculative nature of mineral exploration and development, fluctuating commodity prices, competitive risks and the availability of financing, as described in more detail in our recent securities filings available at www.sedar.com. Actual events or results may differ materially from those projected in the forward looking-statements and we caution against placing undue reliance thereon. Teuton Resources Corp. does have an ongoing obligation to disclose material information, as it becomes available.

The TSX Venture Exchange has neither approved nor disapproved the information contained herein.