

Cava Resources Inc. Announces Filing of NI 43-101 Technical Report for its Casa Berardi North Property

TORONTO, ONTARIO (Newsfile Corp. —January 27, 2016) – Cava Resources Inc. (TSXV: CVA) ("Cava" or, the "Company") announces that it has filed on SEDAR (www.sedar.com) a National Instrument 43-101 Technical Report for its Casa Berardi North Property, Casa Berardi Area in Northwestern Quebec, Canada dated January 15, 2015 (the "Casa Berardi Report").

The Company maintains its 70% interest in the Casa Berardi project which is comprised of claims in the townships of Casa Berardi, Laberge and Collet, near the producing "Mines de Casa Berardi".

The Casa Berardi Report was developed through the combined efforts of the Company's Internal Technical Team and independent consultants from Bruce Mackie Geological Consulting Services and Mitchell E. Lavery, B.A., P.Geo.

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The TSXV has not reviewed this news release and does not accept responsibility for the adequacy or accuracy of this news release. The TSXV has neither approved nor disapproved the contents of this news release.

All statements other than statements of historical fact, included in this release, including, without limitation, statements regarding potential mineralization and reserves, exploration results, and future plans and objectives of the Company, are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from the Company's expectations are exploration risks detailed herein and from time to time in the filings made by the Company with securities regulators.