

Form 51-102F3
Material Change Report

- Item 1: Name and Address of Company**
La Mancha Resources Inc.
311 West 1st Street
North Vancouver, BC
V7M 1B5
- Item 2: Date of Material Change**
October 1, 2005
- Item 3: News Release**
The news release dated October 1, 2005 was disseminated via Canada Stockwatch and Market News Publishing
- Item 4: Summary of Material Change**
La Mancha Resources Inc. (the “Company”) reported the appointment of John Jenks, P.Geo., to the Board of Directors. The Company also reported the grant to the new director of 100,000 incentive stock options with an exercise price of \$1.35 per share for a five year term.
- Item 5: Full Description of Material Change**
For a full description of the material change, see attached Schedule “A”.
- Item 6: Reliance on subsection 7.1(2) or (3) of National Instrument 51-102**
Not applicable
- Item 7: Omitted Information**
Not applicable
- Item 8: Executive Officer**
Name: Ian D. Brown
Title: Chief Financial Officer
Telephone: (604) 998-1250

Date of Report

Dated at North Vancouver, British Columbia this 1st day of November, 2005

LA MANCHA RESOURCES INC.

Per:

”Ian D. Brown”

Ian D. Brown
Chief Financial Officer

News Release

October 3, 2005
For Immediate Release

TSX Venture Exchange Symbol: **LMA**



311 West First Street
North Vancouver, BC
V7M 1B5
Phone: (604) 998-1250
Fax: (604) 998-1253
info@lamancharresources.com

Ortiguita project maps on website – New director appointed

Further to the Company's news release of September 23, 2005, La Mancha advises that a number of maps and diagrams which describe our new Ortiguita project are now available on our website www.lamancharresources.com under the heading *Projects*. The maps and figures illustrate Ortiguita's location in the Province of San Juan in Argentina on the western border with Chile, some 12 km ESE of Barrick Gold's 12.8 million ounce Veladero mine which has just gone into production, and some 29 km ENE of Barrick's 17.6 million ounce Pascua-Lama deposit.

La Mancha is also pleased to announce the appointment of John Jenks, P.Geol., to the Board of Directors. Mr. Jenks holds a degree in geology from McGill University and has had a wide-ranging and distinguished career as practicing geologist and geological consultant over the past 37 years. He has worked on projects in North and South America, Africa, Asia and Australasia. Mr. Jenks has been La Mancha's principal consulting geologist on our Argentinean projects since 2003 and brings a profound familiarity with those projects to the Board. La Mancha also announces the grant to the new director of 100,000 incentive stock options with an exercise price of \$1.35 per share for a five year term.

John Jenks's appointment fills a vacancy created by the resignation of Jack Marr, P.Geol., who wishes to focus on several other public company directorships. La Mancha thanks Jack for his service on the Board over the past seven years.

ON BEHALF OF THE BOARD

Ian Brown
Chief Financial Officer

Technical note

This technical program and the disclosure relating to it contained herein falls under the supervision of John Jenks, P.Geol., the Qualified Person for La Mancha Resources Inc. Chemical analyses will be processed by ALS Chemex Chile on 50 gm splits using AA24 atomic absorption and using fire assay/gravimetrics on all gold samples reading over 10 ppm or 10 g/t.

Further information: JJ Jennex, Investor Relations (604) 998-1250
or info@lamancharresources.com



The TSX Venture Exchange has not reviewed this news release, which has been prepared by and is the responsibility of management.